

Clinical Practice Guidelines & Preventive Care Recommendations

GlobalHealth recognizes the following Practice Guidelines:

Clinical Practice Guidelines

- GlobalHealth (GH) supports and encourages providers to use research based clinical practice in an effort to improve health care quality and reduce unnecessary variation in care.
- The GH Quality Improvement Committee has reviewed and approved the following medical and behavioral health evidence-based clinical practice guidelines presented by the National Guideline Clearinghouse supported by the AHRQ (Agency for Health Care Research and Quality) and the U.S. Department of Health and Human Services.
- These medical and behavioral health conditions were chosen because of identified prevalence in our member population through.

[Master List of Clinical Practice Guidelines](#)

Preventive Clinical Practice Guidelines

1. [Obesity Assessment \(ABA\)](#)
2. [Breast Cancer \(BCS\)](#)
3. [Colorectal Cancer \(COL\)](#)
4. [Hypertension \(CBP\)](#)

Medical Conditions- Non Preventive Clinical Practice Guidelines

1. Diabetes Mellitus (DM)
[Management of Microvascular Complications](#)
[Nutritional Management](#)
2. Congestive Heart Failure (CHF)
[Diagnosis and Evaluation](#)
[Management of chronic heart failure in adults in primary and secondary care](#)
3. Chronic Obstructive Pulmonary Disease (COPD)
[Diagnosis and Management of Acute Exacerbations](#)
[Diagnosis and Management of Stable COPD](#)
[Pulmonary Rehabilitation](#)
4. Coronary Artery Disease (CAD)
[CAD Clinical Practice Guidelines](#)

Behavioral Health Clinical Practice Guidelines

1. Depression
[The treatment and management of depression in adults.](#)
2. Attention Deficit Hyperactivity Disorder (ADHD)
[ADHD Assessment and Management](#)

Preventive Care Recommendations GlobalHealth (GH) promotes the use of evidence-based preventive health guidelines to support health. The following recognized sources provide preventive health information based on developmental age.

[US Preventive Services Task Force](#)

[American Academy of Pediatrics](#)

[Recommended Childhood Immunization Schedule](#): American Academy of Pediatrics

[Centers for Disease Control and Prevention](#)

[Life Stages](#) : Centers for Disease Control and Prevention

Perinatal Care

[Pregnancy](#): Centers for Disease Control and Prevention

[Prenatal](#) American Academy of Pediatrics

[Guidelines for Vaccinating Pregnant Women](#) : Centers for Disease Control and Prevention

Children 0-24 years

[Infants and Toddlers \(Approximate Ages 0-3\)](#): Centers for Disease Control and Prevention

[Baby \(0-12 months\)](#): American Academy of Pediatrics

[Toddler \(1-3 years\)](#): American Academy of Pediatrics

Children 2-19 years old

[Infants and Toddlers \(Approximate Ages 0-3\)](#): Centers for Disease Control and Prevention

[Toddler \(1-3 years\)](#): American Academy of Pediatrics

[Children \(Ages 4-11\) - Milestones and Schedules](#): Centers for Disease Control and Prevention

[Preschool \(3-5 years\)](#): American Academy of Pediatrics

[Gradeschool \(5-12 years\)](#) : American Academy of Pediatrics

[Teens \(Approximate Ages 12-19\)](#): Centers for Disease Control and Prevention

[Young Adult \(18-21 years\)](#): American Academy of Pediatrics

Adults 20-64 years old

[Healthy Aging](#): Centers for Disease Control and Prevention

[Young Adult \(18-21 years\)](#) : American Academy of Pediatrics

Adults 65 years and older

[Healthy Aging](#): Centers for Disease Control and Prevention

[Health Information for Older Adults](#) : Centers for Disease Control and Prevention

[Team Up to Stay Healthy](#) : CDC, AARP and Medicare

GlobalHealth, Inc. Quality Improvement Committee

Original approval 12/22/11

Revision approved 10/25/12

Revision approved 7/25/13

(Based on NCQA Standard QI 9 and MA 16)