

2019 Provider Manual





GlobalHealth Holdings, LLC www.GlobalHealth.com

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Welcome to GlobalHealth

This Provider Manual is a reference tool which describes GlobalHealth Holdings, LLC (GlobalHealth) policies and procedures and is designed to assist you, the Provider, as a participating Provider in the GlobalHealth Network. Please read this document carefully as it contains meaningful information that will help us work together more efficiently and effectively. It is important for you to know the GlobalHealth processes.

GlobalHealth will keep you informed of important changes in our policies, procedures, and benefits. The Provider Manual is available on the Provider Tab of the GlobalHealth site, <u>www.GlobalHealth.com</u>

This Provider Manual is intended for use by GlobalHealth Holdings participating Providers and Practitioners only and is incorporated by reference as a part of your contract with GlobalHealth. Therefore, your reimbursement may be affected by your compliance with the contents herein. The information contained in this Provider Manual is strictly confidential and proprietary to GlobalHealth and may not be copied in whole or part or distributed without the express written consent of GlobalHealth.

GlobalHealth does not discriminate on the basis of race, ethnicity, national origin, religion, gender or gender identity, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the Service Area. No oral statement shall add or take away any benefits, limitations, or exclusions, under the Provider Agreement with the Health Plan.

See the Glossary for definitions of capitalized words and phrases.

Our Mission

- We are driven by our passion to deliver the best healthcare coverage in the industry.
- We are committed to continuous innovation and comprehensive Member engagement to earn the satisfaction and confidence of those we serve.
- We aspire to earn and retain our Provider's confidence and trust in us.
- We believe in developing and maintaining valued relationships with our partners.

GlobalHealth Products

GlobalHealth is fully licensed by the State of Oklahoma as a health maintenance organization (HMO).

Commercial

GlobalHealth provides affordable healthcare coverage for federal, state, education, and local government employees, and private companies in the large and small group markets. GlobalHealth commercial Plans are available in all 77 counties in Oklahoma.

Medicare Advantage

Medicare Advantage Plans combine the insurance benefits of Medicare Parts A, B and D with the customer service and care of a consumer-focused health maintenance organization. GlobalHealth Medicare Advantage plans received a 3.5 Overall Star Rating from Medicare since 2016. In January 2017, GlobalHealth combined the Medicare Advantage products under the Generations name. GlobalHealth Medicare Advantage products are available in 44 counties across Oklahoma.

These products require Members to select a Primary Care Physician (PCP) and do not have Out-of-Network benefits, except in emergent, urgent, or prior authorized circumstances.

Visit the GlobalHealth website at: www.GlobalHealth.com

Select the Provider Tab for various forms and reference materials.

Helpful Numbers and Information

Provider Services

Phone (405) 280-5300 Toll Free (866) 277-5300 Fax (405) 280-5251 Email <u>providerservices@globalhealth.com</u> Hours 8:00 AM – 4:00 PM, Closed 12 – 1:00 PM M-F

Contracting/Provider Relations

Phone (405) 280-5300 Toll Free (866) 277-5300 Fax (405) 280-5251 Email <u>ghcontracting@globalhealth.com</u> Email <u>provider.relations@globalhealth.com</u>

<u>Credentialing</u> Phone (405) 280-5886 Toll Free (844) 322-5222 Fax (918) 878-7350 Email ghcredentialing@globalhealth.com

Medical Management (UM)

Phone (405) 280-5300 After Hours (405) 280-5600 Toll Free (866) 277-5300 Fax (405) 280-5398 Email um@globalhealth.com

Quality Improvement

Phone (405) 280-5600 Fax (405) 280-5641 Email <u>quality@globalhealth.com</u>

<u>Claims Status Use GlobalLink™</u> <u>https://globalhealth.com/providers/globallink/</u>

Beacon Health Options-Behavioral Health

Federal Plan (888) 434-9201 Generations/Medicare (888) 434-9202 Commercial (888) 434-9203 State Plan (888) 434-9204 TTY 1-866-835-2755

<u>Claims Processing</u> Toll Free (866) 277-5300 Email <u>ediclaims@globalhealth.com</u>

<u>Commercial Claims Submission</u> GlobalHealth, Inc. Attn: Claims

P.O. Box 2328 Oklahoma City, OK 73101-2383

Medicare Advantage Claims Submission

GlobalHealth, Inc. Attn: Claims P.O. Box 1747 Oklahoma City, OK 73101-1747

Commercial Pharmacy

Phone (405) 280-5600 Fax (405) 280-5613 Email <u>gh.pharmacy@globalhealth.com</u>

Medicare Advantage Pharmacy: CVS

<u>Caremark</u> Toll Free (866) 494-3927

<u>Compliance</u> Phone (405) 280-5852 Toll Free Hotline (877) 280-5852 Email <u>compliance@globalhealth.com</u>

<u>Privacy/HIPAA</u> Phone (405) 280-5824 Toll Free Hotline (877) 280-5852 Email <u>privacy@globalhealth.com</u>

<u>Eligibility & Enrollment</u> Phone (405) 280-5300 Toll Free (866) 277-5300 Fax (405) 280-5881 Email edienrollment@globalhealth.com

<u>Tulsa Office</u> 6120 South Yale Ave, Suite 925 Tulsa, OK 74136-4216

Main Office 210 Park Avenue, Suite 2800 Oklahoma City, OK 73102

GlobalLink[™] Information

GlobalLink[™] is an online tool available to all contracted Providers. GlobalLink[™] is provided to allow Providers to:

- Verify eligibility
- Review Member demographics
- View benefit information
- Create Referrals
- Check Preauthorization/Referral review status
- Check claim status
- Communicate with GlobalHealth

GlobalLink[™] is available 24 hours a day, 7 days a week.

You may access information about GlobalLink[™] on our website on the Providers tab or at: www.GlobalHealth.com/globallink.aspxwww.GlobalHealth.com/globallink.aspx

Providers can submit an access request for access to GlobalLink[™] on our website on the Provider Tab or at:

 $\underline{www.GlobalHealth.com/globallink_access_request.aspxwww.GlobalHealth.com/globallink_access_request.aspx}$

GlobalLink[™] Support

For user access questions and/or technical issues with GlobalLink[™], such as forgotten passwords or error messages, please contact the GlobalHealth GlobalLink Team.

Email globallink.access@globalhealth.com

Getting Care

As an HMO, GlobalHealth encourages its Members to take an active role in their healthcare by utilizing preventive services, collaborating with their Primary Care Provider in healthcare decisions, and utilizing the PCP to coordinate care with specialists.

Member ID Cards

GlobalHealth will provide Member ID cards prior to the start of coverage. It should be presented each time the Member seeks care from a participating Provider. If a GlobalHealth Member fails to present an identification card, please contact us to verify the Member's eligibility. Eligibility can be verified by accessing GlobalLink[™].

It is essential to verify Member eligibility because:

- Employer groups may change benefit Plans
- Member benefits may change
- Copayments must be determined
- Fraudulent use may occur

Note: The Member ID card does not guarantee coverage or entitlement to benefits.

GlobalHealth Member ID Card:

Front of Card

- 1. Coverage ID number
- 2. Group ID number (Commercial Only)
- 3. Member ID number
- 4. The selected PCP
- 5. PCP phone number
- 6. PCP effective date (Commercial Only)
- 7. Relationship code to Subscriber (Commercial Only)
- 8. Copayment and benefit information

Back of Card

- 1. What to do in case of a life-threatening emergency
- 2. Routine and Urgent Care information
- 3. How to reach GlobalHealth's Customer Care Department including phone number and claims address. *

* Commercial cards may have different contact information based on Plan.

Commercial Plan

GlobalHealth	CVC	COVERAGE ID GEFFECTIVE DATE GROUP#		
12345678901 DOE,	JOHN J DOB: 10/01/19	69		
PCP: PATRICK P L	O, DO (405-235-3933) E	FF: 01/01/2019		
(lb alth)	(Propagation Datail)		DYCDD-	мрнснн
(Health) PCP / SPEC / ER \$0/ \$50/\$350		y Magellan Rx	RXBIN:	MRHGHH 017449 6792000



FEHB Plan

GlobalHealth	CVG	EFFECTIVE DATE	123456789 01/01/2019 1010192
12345678901 DOE	, JOHN J DOB: 03/26/19 A WOLF, MD (405-273-580	90	
PCP: MITCHELL	A WOLF, MD (405-273-580	1) EFF: 01/01/2	:019
(Health) PCP / SPEC / ER	(Prescription - Retail) Gen / Brand / Non-Formulan	MagelianRx	RXGRP: MRHGHH RXBIN: 017449



Medicare Advantage with Drug Plan

Globa	Health		Medicare R Prescription Drug Coverage
			RXBIN: 004336
Issuer: 4	47303		RXPCN: MEDDADV
Dental I PBP:	Payer ID: 60	601	RXGRP: HMOMAPD
Membe	r Name: , me:		
Copaymer PCP	SPEC	ER	H3706-
FUE	\$50	\$50	Effective: 42522



Medicare Advantage without Drug Plan



IMPORTANT!

The PCP shown on the card must approve in advance all non-Emergency Medical Services provided to the Member for the Member to be covered by GlobalHealth, except for the services the Member can obtain by self-referral. See section on Self- referral/Services Not Requiring Prior Authorization.

Physicians should not see Members for primary care services if they are not listed as the PCP on the Member's card, unless GlobalHealth has authorized the visit or service in advance or they are providing coverage for the listed PCP.

Primary Care Physician (PCP)

All GlobalHealth Members must choose a PCP. The PCP is the Member's first contact for all his or her healthcare needs. The PCP manages the Member's total healthcare program by providing a broad range of services and arranging and coordinating for specialty care when necessary.

A contracting PCP must practice in one of the following fields: Family Medicine, Pediatrics, General Medicine, Geriatrics or Internal Medicine. Internal Medicine physicians must spend ninety percent (90%) of their time practicing family medicine to be eligible to contract with GlobalHealth as a PCP.

Responsibilities of the PCP

- 1. Manage the Member's total healthcare program. This includes health supervision, basic treatment, initial diagnosis, management of Chronic Conditions, and preventive health and wellness services.
- 2. Educate Members regarding their healthcare needs.
- 3. Communicate freely with patients about their treatment, regardless of benefit coverage limitations.
- 4. Coordinate healthcare with specialists or healthcare facilities when such care is needed, including obtaining authorization from GlobalHealth for Medically Necessary Referrals. (The PCP should always refer Members to GlobalHealth participating Providers and Facilities, unless the services are not available within the GlobalHealth Network.) The most current list of Network Providers can be utilized using the online Provider Directory search tool. Provide Medically Necessary services in accordance with the GlobalHealth contract, the applicable benefit Plan, GlobalHealth policies and procedures, and requirements in the Provider Manual.
- 5. Discuss all treatment alternatives, risks, and benefits with Members, including the risks/benefits of receiving no treatment, recognizing that the Member makes the final decision concerning his or her preferred treatment option.
- 6. Provide complete information on authorized care or services to the referred specialist.
- 7. Provide medical care coverage for assigned patient panel 24-hours per day, seven days per week within GlobalHealth's established Network of Providers.
- 8. Participate in and cooperate with GlobalHealth's Utilization Management and Quality Improvement Programs and activities.
- 9. Allow GlobalHealth to use Practitioner performance data.
- 10. Maintain appropriate medical records to document all services provided to Members.
- 11.Complete the Provider Update Form found at <u>www.GlobalHealth.com</u>, Provider Tab within 30 days when any of the following information changes:
 - Tax ID number
 - NPI
 - Address
 - Telephone or fax number
 - Name change
 - New location
 - Limitations/Restrictions to practice
- 12.Shall not discriminate in the delivery of healthcare services and shall accept for treatment any Member in need of the healthcare services they provide.

13. Submit accurate claims to GlobalHealth for services rendered to GlobalHealth Members in accordance with the specified contractual time frame.

Provider Data Accuracy and Validation

It is important for Providers to ensure GlobalHealth has accurate practice and business information. Accurate information allows GlobalHealth to better support and serve our provider network and members.

Maintaining an accurate and current Provider Directory is a State and Federal regulatory requirement, as well as, a NCQA requirement. Invalid information can negatively impact member access to care. Additionally, current information is critical for timely and accurate claims reimbursement.

Provider must validate Provider On-line Directory at least quarterly for correctness and completeness. Providers must notify GlobalHealth in writing at least thirty (30) days in advance, when possible, of changes such as:

- Change in office location(s), office hours, phone, fax, e-mail, or billing address.
- Addition or closure of office location(s).
- Addition or termination of Provider(s).
- Open or closing of practice to new GlobalHealth members.
- Verification of Specialty Status.
- Any additional information that may impact members' access to care.

Please visit the GlobalHealth Online Provider Directory at <u>www.GlobalHealth.com</u> on a quarterly basis to validate your information. Please notify GlobalHealth at <u>provider.relations@globalhealth.com</u> and submit the Provider Update Form, if your information needs to be updated or corrected.

GlobalHealth is required to audit and validate the Provider Network directory data on a routine basis. As part of our validation efforts, GlobalHealth will reach out through various methods, such as phone campaigns, letters, fax verification, etc. Network Providers are required to provide timely responses.

PCP Panel Status

GlobalHealth provides a PCP to care for its members. GlobalHealth ensures members have access to primary care services and routinely monitors PCP Panel status.

Open

Physician will accept any GlobalHealth Member, whether new or established.

Established Members Only

Physician may close his/her practice to new Members by notifying GlobalHealth. This option allows only patients currently seeing that physician to select him/her as a PCP. If a Member incorrectly selects an "established Members only" physician, the PCP must notify GlobalHealth as soon as possible. GlobalHealth will then assist the Member in selecting an available PCP.

Not Accepting Any Members (Closed)

Physicians who have a full practice may close their practice to all new GlobalHealth Members. Physicians who request to be listed as "not accepting any Members" will not be assigned new GlobalHealth Members.

Members Changing PCP

Members can change their PCP any time by calling GlobalHealth Customer Care.

We recommend against Members changing their PCP if the change could have an adverse effect on their quality of healthcare. For example:

- The Member is an organ transplant candidate.
- The Member has an unstable, acute medical condition for which they are receiving active medical care.
- The Member is pregnant.

Specialty Care Physician (SCP)

An SCP provides certain specialty medical care upon Referral from the Primary Care Physician.

SCP Responsibilities

- 1. Accept and treat GlobalHealth Members referred by their PCP and obtain appropriate prior authorization, if required.
- 2. Provide medically necessary services authorized by the Member's PCP and GlobalHealth. If additional Medically Necessary tests or treatments are needed beyond those initially authorized, the specialist may seek additional authorization from GlobalHealth and notify the Member's PCP.
- 3. Educate patients regarding their health needs and share findings of the Member's physical exam and treatments with the PCP.
- 4. Communicate freely with patients about their treatment, regardless of benefit coverage limitations.
- 5. Provide Medically Necessary services in accordance with the GlobalHealth contract, the applicable benefit Plan, GlobalHealth policies and procedures, and requirements specified in the Provider Manual, Member Handbook, FEHB Brochure, or Evidence of Coverage.
- 6. Discuss all treatment alternatives, risks, and benefits with Members; including the risks/benefits of receiving no treatment, recognizing that the Member makes the final decision concerning his/her preferred treatment option.
- 7. Comply with all GlobalHealth pre-authorization requirements.
- 8. Use best efforts to utilize GlobalHealth participating Providers and Facilities for services for the Member.
- 9. Submit accurate claims to GlobalHealth for services rendered to GlobalHealth Members in accordance with the specified contractual time frame.
- 10. Participate in and cooperate with GlobalHealth's Utilization Management and Quality Improvement Programs activities.
- 11. Allow GlobalHealth to use Practitioner performance data.
- 12. Use best efforts to provide a written report to the Member's PCP within ten (10) days of completing the consultation/treatment/procedure or sooner if medically indicated.
- 13. Maintain adequate medical records to document all services provided to Members.
- 14. Assist GlobalHealth in determining Coordination of Benefits (COB) issues with other carriers or payers.
- 15.Complete the Provider Update Form found at <u>www.GlobalHealth.com</u>, Provider Tab within 30 days when any of the following information changes:
 - Tax ID number
 - NPI
 - Address
 - Telephone or fax number
 - Name change
 - New location
 - Limitations/Restrictions to practice
 - Adding or deleting a physician from a group practice
- 16. Shall not discriminate in the delivery of healthcare services and shall accept for treatment any Member in need of the healthcare services they provide.

Provider Accessibility

GlobalHealth is required to notify all Network Physicians that under 42 C.F.R. § 422.112, they are required to:

Provide services, both clinical and nonclinical, that are readily available, accessible, and appropriate, when Medically Necessary (24 hours a day/7 day a week) to all enrollees, including those with limited English proficiency or reading skills and those with diverse cultural and ethnic backgrounds. Services include access to specialty care such as women's health services.

GlobalHealth recommends that Providers use one of these methods to assist Members after regular business hours:

- A professional answering service that contacts you or the Provider covering for you.
- A high-quality voice mail system that tells Members:
 - How to reach you or your covering Provider in an emergency, including phone numbers
 - What to do in an emergency

GlobalHealth contracted Network Providers are required to provide services per the following standards:

Туре	Access Standard	Examples
Emergency	Immediate	Major trauma, laceration, eye injury, musculoskeletal
	appointment or	injury, chest pain. Prudent Layperson: absence of
	Member is directed	medical attention to result in placing the health of the
	to nearest emergency	individual (or unborn child) in serious jeopardy,
	room or call 911	serious impairment to body functions or serious
		dysfunction of any body organ or part.
Urgent Care	Within 24 hours	Minor trauma, sprain, high temperature, persistent
		diarrhea, and vomiting. Prudent layperson,
		unexpected illness or injury that is not an emergency,
		but severe enough or painful enough to require
		treatment within 24 hours.
Post-acute (Inpatient	Within 14 calendar	Update care plan, coordinate care with any
or emergency room)	days of discharge	specialist(s), obtain labs, and reconcile medications.
Discharge		
Symptomatic, Non-	Within 7 calendar	Flu, cold, headaches, rashes, sore throat.
Urgent	days of request	
Routine/Regular	Within 30 calendar	Follow-up appointments for asthma, blood pressure
Care	days of request	checks, diabetes.
	_	
Annual Wellness/	Within 30 calendar	Annual wellness examinations.
Preventive Care	days of request	

Primary Care – Medical:

Туре	Access Standard	Examples
Return Phone Calls	Within 1 calendar	
(business hours)	day	
After-hours	Respond within 1	Call for emergency RX refill, advise best course of
	hour or messaging	action, which may include Urgent Care or emergent
	instructs Members	care.
	on available services	

High Volume and High Impact Specialists

GlobalHealth identifies the following Providers as High Volume and/or High Impact Specialists:

- Cardiology
- PCP's
- OB/GYN

- Oncology
- Ophthalmology
- Pediatricians

GlobalHealth expects contracted Network High Volume Specialists and High Impact Specialists to provide services per the following standards:

Туре	Access Standard	
Initial Referral	Within 30 days	
Urgent Care	Within 24 hours for Sick and within 7 days for Non-Sick	
Emergent care	Immediate	
After-hours	Nurse triage or call coverage with response within 1 hour, or messaging on	
	available services	

Specialties considered Hospital-based, such as anesthesiology and emergency medicine physicians, will not be considered high volume or high impact specialties.

GlobalHealth works to ensure all Members have access to Primary Care and High Volume and High Impact Specialists by completing an annual access to care and availability survey.

Appointment Wait Times

Members should not wait long after their scheduled appointment time to see a Practitioner. GlobalHealth expects all non-hospital contracted Providers to see the Member within 30 minutes of their appointment time, when the Member arrives on time. The office staff will notify Members as early as possible if the wait time is expected to exceed 30 minutes and allow the Member the options of rescheduling the appointment or continuing to wait.

GlobalHealth encourages Providers to use technology such as texts, email, secure medical record systems or telephonic systems to remind Members of appointments, notify them of delays, or address health related questions.

Termination of a Member

There may be an occasion where a Provider wishes to terminate a Member from his or her panel. Reasons for such termination may include non-compliance or threatening or disruptive behavior by the Member. If a Provider plans to terminate a Member, the Provider must notify GlobalHealth prior to the termination, when possible. Additionally, the Provider must notify the Member in writing of the termination and continue to provide coverage for the Member for thirty (30) days or until the Member obtains a new PCP, whichever occurs first.

Exception: A Provider may not terminate a Member if such termination would be detrimental to the Member's health (e.g., a third trimester or complicated pregnancy, a hospitalized patient, a patient receiving treatment for a degenerative and disabling condition or disease, or Life-threatening Disease or Condition, or terminal illness, etc.) until the Member's condition is stabilized and another Provider has assumed care or through six weeks of post-delivery care.

Provider Termination

Termination can be initiated for several reasons either by the Provider or by GlobalHealth.

A Provider may choose to voluntarily discontinue participation in the GlobalHealth Network by providing a written notice of the disaffiliation. The GlobalHealth contract identifies the required termination notification time frame. During the PCP termination notification period, GlobalHealth will notify affected Members and transfer their care to another Network Provider.

A Member might be eligible for ongoing treatment in special circumstances from the terminated Provider, see Continuity of Care.

GlobalHealth could initiate termination of a Provider for reasons that include, but are not limited to:

- CMS (Medicare or Medicaid) Imposed sanctions upon Provider
- Provider misrepresents credentialing or contracting information
- Provider is noncompliant with credentialing/re-credentialing requirements
- Provider's certification or license being suspended or revoked
- OID imposed sanctions

Continuity of Care

When a Provider voluntarily leaves GlobalHealth's Network, the Member that is currently in treatment might be eligible to continue an ongoing course of treatment during a transitional period. The Member may continue to see you for delivery and postpartum care if she is in the second or third trimester of pregnancy at the time the Provider notifies GlobalHealth.

A Member might be eligible for ongoing treatment in special circumstances from the terminated Provider. In these cases, the Provider would continue to coordinate care and submit claims. Member liability in these cases is limited to only what the Member would have paid if the Provider were part of the Network. The Provider will be paid their contracted rate. The Provider agrees to comply with all Utilization Management, claims, reconsideration requests and all other protocols affiliated with a Network Provider.

When a Provider's contract is terminated for reasons other than cause, the Provider may ask GlobalHealth for permission to continue treating a Member during the transition period, for up to ninety (90) days from the date of notice, if the Member:

- Has a degenerative, disabling, or Life-threatening Disease or Condition.
- Is in the second or third trimester of pregnancy at the time of Provider notice to GlobalHealth. Services are covered through at least six (6) weeks of postpartum evaluation.

• Is terminally ill.

GlobalHealth expects voluntarily terminating Providers to facilitate the Member's transition to the new Provider(s).

Leave of Absence

GlobalHealth's policy requires the provider to notify GlobalHealth when they are going on a leave of absence (LOA) for longer than 60 calendar days. At a minimum, this notification must include the dates and the general reason for the LOA (sabbatical, medical reason, etc.). Providers must notify GlobalHealth of a pending LOA as soon as possible.

Providers taking a leave of absence must arrange for coverage by another participating practitioner in the GlobalHealth network. All covering arrangements must be acceptable to GlobalHealth. Arrangements for coverage by a nonparticipating practitioner may be considered. These arrangements must make best efforts to have GlobalHealth's prior authorization and must be consistent with established policies and procedures.

If the Leave of Absence is scheduled for six months or less, GlobalHealth will confirm the conclusion of the Leave of Absence. If the Leave of Absence is concluded within six months, the provider's Leave of Absence status will be removed and will reflect his or her prior status prior.

If the Leave of Absence is scheduled for longer than six months, GlobalHealth reserves the right to terminate the provider from the network based upon continuity of care issues. In addition, if a provider's recredentialing is due during the Leave of Absence and the practitioner does not complete his/her recredentialing materials, GlobalHealth reserves the right to terminate the provider from the network based on contractual noncompliance.

Covering Physicians

A Network Provider must coordinate coverage by another GlobalHealth Network Provider when he/she is on vacation. The Network Provider is responsible for ensuring the covering Provider will:

- Follow the protocols, policies, and rules as stated in this manual.
- Not bill any Members except for applicable Copayments/Coinsurance.
- Accept compensation from GlobalHealth as full payment for Covered Services except for applicable Member Copayments and Coinsurance.
- Obtain Referrals/prior authorizations as stated in this manual.
- Any covering physician should use modifiers Q5 (substitute physician) or Q6 (locum tenens) to help ensure the claim is appropriately recognized.
- Be available 7 days a week, 24 hours a day.

Cultural Competency Program and Policy Review Guidelines

GlobalHealth routinely monitors the following information to ensure its programs are most effectively meeting the needs of its Members and Providers:

- Annual collection and analysis of race, ethnicity and language data from:
 - Eligible individuals to identify significant culturally and linguistically diverse populations with plan membership
 - Revalidate data at least annually
 - Contracted Providers to assess gaps in network demographics
 - Local geographic population demographics and trends derived from publicly available sources
 - Applicable national demographics and trends derived from publicly available sources
- Network Assessment
 - Collection of data and reporting for the Diversity of Membership HEDIS measure
 - Determination of threshold languages annually and processes in place to provide Members with vital information in threshold languages
 - Identification of specific cultural and linguistic disparities found within the plan's diverse populations
 - Analysis of HEDIS and CAHPS results for potential cultural and linguistic disparities that prevent Members from obtaining the recommended key chronic and preventive services
- 24 Hour Access to Interpreter Services
 - Providers may request interpreters for Members whose primary language is other than English by calling GlobalHealth's Customer Care at 1-866-277-5300
 - If Customer Care is unable to interpret in the requested language, the Representative will immediately connect you and the Member to telephonic interpreter services. GlobalHealth Providers must support Member access to telephonic interpreter services by offering a telephone with speaker capability or a telephone with a dual headset. Providers may offer GlobalHealth Members interpreter services if the Members do not request them on their own. It is never permissible to ask a family member, friend or minor to interpret.
- Documentation
 - As a contracted GlobalHealth Provider, your responsibilities for documenting Member language services/needs in the Member's medical record are as follows:
 - Record the Member's language preference in a prominent location in the medical record
 - o Document all Member requests for interpreter services
 - Document who provided the interpreter service. This includes the name of GlobalHealth's internal staff or someone from a commercial interpreter service vendor. Information should include the interpreter's name, operator code and vendor
 - o Document all counseling and treatment done using interpreter services
 - Document if a Member insists on using a family member, friend or minor as an interpreter, or refuses the use of interpreter services after being notified of his or her right to have a qualified interpreter at no cost

Hospital/Facility Responsibilities

- 1. Provide covered health services to GlobalHealth Members twenty-four (24) hours a day, three-hundred and sixty-five (365) days a year.
- 2. Obtain necessary authorizations from GlobalHealth for Hospital admissions and continued Inpatient stays. Notification is required within 48 hours for all Inpatient Hospital stays.
- 3. Verify Hospital/Facility and its personnel are duly licensed, certified, In-network Providers and authorized to provide covered healthcare services to GlobalHealth Members.
- 4. Provide advance written notice to GlobalHealth of any significant changes in the ability to provide covered healthcare services to GlobalHealth Members.
- 5. Assist GlobalHealth in proper Coordination of Benefits (COB) with other insurance carriers or third-party payers.
- 6. Remain in compliance with applicable state and federal requirements, Medicare Conditions of Participation, and The Joint Commission (TJC) accreditation standards or equivalent. Provide copies of CMS or state surveys and accreditation status to GlobalHealth when updated.
- 7. Participate in and cooperate with GlobalHealth's Utilization Management and Quality Improvement Programs and activities.
- 8. Allow GlobalHealth to use Provider performance data.
- 9. Submit accurate claims to GlobalHealth for services rendered to GlobalHealth Members in accordance to the specified contractual time frame.
- 10. Complete the Provider Update Form found at <u>www.GlobalHealth.com</u> within 30 days when any of the following information changes:
 - Tax ID number
 - NPI
 - Address
 - Telephone number
 - Name change
 - Change in license status
 - New location
 - Hospital Quality Data
 - Hospital Accreditation Status

Emergency Room (ER) Care

An emergency involves a medical condition manifesting itself by acute symptoms of severity (including severe pain, psychiatric disturbances and/or symptoms of substance abuse) such that a Prudent Layperson, who has an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in (a) placing the health of the individual (or an unborn child) in serious jeopardy; (b) serious impairment of bodily functions; or (c) serious dysfunction of any bodily organ or part.

With respect to a pregnant woman who is having contractions and (a) that there is inadequate time to affect a safe transfer to another Hospital before delivery or (b) that the transfer may pose a threat to the health or safety of the woman or unborn child.

Referring a Member to the ER should not be used for routine services and non-emergency situations. Hospital/Facility shall use best efforts to have contracted ER providers on staff. An Urgent Care Facility or office visit might be an alternate option.

Urgent Care

Urgent Care is defined as care for an illness, injury, or condition serious enough that a reasonable person would seek care right away, but not so severe as to require ER Care. An Urgent Care Facility offers an alternative when there is not an emergency.

During Normal Office Hours

If a Member has an urgent medical illness or injury that cannot wait for a regular appointment, they will call your office. If possible, arrange to see the Member immediately or give them medical advice and direction, or set up an appointment for them.

If you are not available, the Member can see another Provider in your office if they bill under the same tax identification number as the Primary Care Physician.

You may direct the Member to an Urgent Care Facility if another physician is not available.

After Hours

When a Member needs to talk to or see you after the office has closed for the day, they have two options:

- 1. They should call the Provider's contact number on their Member ID card. When a nurse or physician is on call, the Member's call should be returned, and the on-call Provider should advise them how to proceed.
- 2. Otherwise, the Member should follow your after-hours voicemail instructions, which may include directing them to a Network Urgent Care Facility or Network emergency room. The Member may choose to self-refer to a Network Urgent Care Facility or, in a true emergency, call 911 or go to the emergency room.

Please Note:

- An Urgent Care Facility should not be used in place of the PCP for routine services and continuity of care.
- Use of Urgent Care Facilities is only for an unforeseen illness, injury, or condition that requires immediate, Medically Necessary care.
- All follow-up care must be provided or arranged by the PCP.
- Preauthorization may be necessary, depending on the care needed.
- If a Provider directs a Member to an Urgent Care Facility or emergency room, the Provider must use best efforts to notify GlobalHealth within 24 hours of services.

Utilization and Care Management Programs

GlobalHealth has a Utilization Management (UM) program to assist in determining:

- The healthcare services that are covered and payable under the GlobalHealth Plans.
- Healthcare services or supplies Medically Necessary needed to prevent, diagnose, or treat an illness, injury, disease, or its symptoms. Services must meet generally accepted standards of medicine.
- The appropriate level of care.

GlobalHealth staff uses nationally recognized guidelines and resources, such as MCG[™] Care Guidelines or CMS Medicare National and Local Coverage Determinations and plan medical policies when conducting reviews. All medical necessity determinations are made by trained staff, except for adverse determinations which are exclusively made by the GlobalHealth Medical Director. The Medical Director is a licensed physician in good standing.

Plan medical policies are developed in coordination with physicians using evidence-based, peerreviewed literature, criteria developed by specialty societies and guidelines adopted by other health care organizations. Medical policies are published in draft form and are available for a 30-day comment period on <u>www.globalhealth.com/providers/medical-policies</u>. At the end of the comment period, the medical policy is posted as pending for an additional 30-day period during which all comments received will be reviewed and taken into consideration for possible changes. After the 30day period as pending, the medical policy is considered active and will be used to make medical necessity decisions. All active medical policies are available online to view and print as needed.

All UM decisions are supported by current clinical information relevant to each case. Board-certified Practitioners or clinical peers from appropriate specialty areas may be used in determinations of medical appropriateness of care.

Decisions are made in a timely manner to accommodate the clinical urgency of the patient's situation.

- 1. Urgent Concurrent: determination made within 24 hours of receipt of request
- 2. Urgent Preservice: determination made within 72 hours of receipt of request
- 3. Non-urgent Preservice: determination made within 14 days of receipt of request

GlobalHealth accepts requests by GlobalLink[™] (electronic submission), which is the preferred method, and fax. Providers should check the status of Referral in GlobalLink[™].

GlobalHealth's UM Responsibilities

- 1. Clinical review decisions are based on published standard clinical review criteria and/or internal policies that are developed with input from actively participating physicians.
- 2. UM decision making is based only on appropriateness of care and service and existence of coverage.
- 3. GlobalHealth's UM employees are properly trained, qualified, and supervised with oversight by a licensed physician Medical Director.

- 4. GlobalHealth does not reward Practitioners or other individuals for issuing denials of coverage. No financial incentives are provided to UM decision makers that would encourage determinations that result in underutilization or denial of Medically Necessary services.
- 5. Determinations not to authorize an admission, extension of a Hospital stay, medical treatment, diagnostic or therapeutic service, or other procedure based on medical necessity are made by the Medical Director.
- 6. GlobalHealth maintains a process for Providers to appeal UM denials in accordance with GlobalHealth policies and applicable regulatory requirements.
- 7. GlobalHealth reports Practitioner suspension or termination to the appropriate authorities.

Provider/Facility UM Responsibilities

- 1. Obtain prior written authorization from GlobalHealth for all non-emergent Hospital admissions, Outpatient surgeries performed in an ambulatory/Outpatient surgery center, and non-emergent services that cannot be provided within the physician's office (e.g., specialized scans, MRI, CT, nuclear medicine, etc.). GlobalHealth's preferred authorization method is through GlobalLink[™].
- 2. In addition, to Preauthorization, GlobalHealth must be notified by the Hospital of all admissions on the day of admission or within 48 hours of unplanned admission.
- 3. Provide notification of any emergent Hospital admissions.
- 4. Provide notification of any observation admissions.
- 5. Obtain and verify Referral authorization for services.
- 6. Contact GlobalHealth to extend written authorizations for services, if necessary. Provide complete and detailed clinical information, including discharge planning.
- 7. Timely submission of medical records requested by us or our representatives for specific case reviews or as part of our Quality Improvement Program.
- 8. Refer Members to GlobalHealth's Case Management program as appropriate.
- 9. Cooperate with any investigations regarding Grievances, quality of care, or other quality assurance measures.

Authorizations and Referrals

Healthcare services, such as Referrals for specialists, Hospitalization, and Outpatient surgery, require Preauthorization from GlobalHealth. If you do not obtain necessary Preauthorization, services will not be paid.

In addition to the authorization, GlobalHealth must be notified by the Hospital of all admissions, including observations, on the day of admission. Although authorization is not required for child birth, GlobalHealth still must be notified of the admission within 48 hours.

GlobalHealth's preferred authorization request method is through GlobalLink[™]. Providers can check on the status of authorization and Referral requests in GlobalLink[™]. PCPs can see all the Referrals for each individual Member of their panel.

GlobalHealth may redirect Referrals to low cost setting Providers when clinically appropriate. The modification may be made without prior notification to the requesting Provider.

Medical Authorizations

The Provider should submit authorization requests for services based on the authorization guidelines. The Provider may request prior authorization for any additional tests, services, or procedures beyond what is authorized from GlobalHealth. If the Provider does not obtain authorization before providing tests, services, or procedures, services will not be payable. See Self-Referral Services/Services Not Requiring a Referral. Please review authorization determinations in GlobalLink[™].

If GlobalHealth is unable to make a determination based on the submitted clinical information, UM staff will notify the Provider and attempt to obtain the needed information. If the information is not provided in a timely manner, does not support the medical necessity, or is not a covered benefit, the requesting Provider will be sent a denial letter with information about the reason, and Appeals rights and processes. Please see "Provider Appeal of UM Denial or Adverse Determination" section below for additional information.

The Member will also receive a letter regarding the denial, with information about the reason and Appeals rights and processes.

Non-Urgent Decisions

Non-urgent pre-service decisions are made within 14 calendar days after receiving the request. This period may be extended one time by the Plan for up to 14 days if:

- You are notified, prior to the expiration of the initial 14-day period, of why it is necessary; and,
- You are notified of the date by which GlobalHealth expects to render a decision.

If such an extension is necessary because GlobalHealth does not have the information necessary to decide the authorization:

- We will tell you specifically what information is needed; and,
- The appropriate timing of receipt.

Urgent Decisions

Urgent concurrent decisions are made within twenty-four (24) hours after receiving the request. Urgent pre-service decisions are made within seventy-two (72) hours after receiving the request. As the treating physician, you may act as the patient's authorized representative.

How to Obtain a Preauthorization or Referral

Authorizations/Referrals can be requested from GlobalHealth's UM department: GlobalLink[™] (<u>www.GlobalHealth.com</u>) Preferred Method Fax (405) 280-5398

For expedited authorization/Referrals, you may submit the request as specified above or call GlobalHealth's UM department at (405) 280-5300.

An authorization request can be sent via fax by downloading the appropriate request form from <u>www.GlobalHealth.com</u>, completing the form, and faxing it to GlobalHealth's UM Department.

How to Obtain a Behavioral Health Authorization

For Plan specified behavioral, mental health, and substance misuse services that require preauthorization, the Provider will assess the Member for Medical Necessity Criteria, and then contact Beacon Health Options for authorization at:

Federal Plan (888) 434-9201 Generations/Medicare Advantage (888) 434-9202 Commercial (888) 434-9203 State Plan (888) 434-9204 TTY 1-866-835-2755

Members needing assistance finding a Behavioral Health Provider, or obtaining care coordination, in their area may also call GlobalHealth directly at the Customer Care number provided in their Member materials.

Provider Responsibilities for Referral/Authorizations

Primary Care Physician (PCP)

The PCP is responsible for submitting a Referral request when necessary and for supplying complete clinical information concerning the Referral to the receiving specialist or Facility.

Referrals to a Specialist covers a period of 90 days. There may be exceptions made for specialty care to oncology, rheumatology and renal management.

Specialist Physicians and Facilities

The Referral specialist or Facility may only perform the services specified on the authorization. The specialist or Facility providing the referred service should report the appropriate clinical information to the referring PCP. The PCP or specialist will need to send a referral for any additional services.

If the specialist decides the Member needs additional services, or services from another specialist, it becomes the responsibility of the referring specialist to submit the referral for additional services or refer member back to PCP.

The specialist is responsible for coordinating care with the Member's PCP and for other care, or at a minimum of every six (6) months refers member back to PCP.

Notify GlobalHealth within 24 hours regarding any services that were Medically Necessary but were not specifically included on the authorization.

Office Visit Referrals

GlobalHealth's preferred authorization method is through GlobalLink[™].

- We recommend the specialist's office verify eligibility and confirm authorization using GlobalLink[™] prior to the office visit.
- The Referral will state "Office Visit" along with the number of office visits that are approved.
- The approved office visit(s) must occur within the authorized approved time frame from the date of the Referral.

- If the Referral covers more than one (1) office visit, the Provider must verify eligibility at the time of each visit. Payment will not be made for services rendered to an ineligible Member.
- The receiving Referral Provider (specialist) will use best efforts to send communication to the patient's PCP with his/her findings and recommendations within ten (10) days of seeing the Member.
- Referrals are required whether GlobalHealth is the primary or secondary payer.

Services That Require Prior Authorization

NOTE: This list is not all-inclusive. Other infrequently requested or highly-specialized services not listed below may require prior authorization. By requesting prior authorization, the contracting Provider is representing that the proposed covered healthcare services are Medically Necessary.

- 1. Inpatient Care, except childbirth; Inpatient Rehabilitation; and Observation Stays: All Inpatient care and Inpatient rehabilitation require prior authorization by the contracted Facility. GlobalHealth must be notified by the Hospital of all admissions on the day of admission. If a service does not require prior authorization this does not negate the Provider's responsibility to notify the Plan of admission.
- **2. Skilled Nursing and Long-Term Acute Care:** All skilled nursing and long-term acute care Facility (LTAC) care requires Referral by the contracted Facility and prior authorization by GlobalHealth.

3. Emergency and Urgent Care:

Emergency Services do not require prior authorization when the definition of emergency care is determined. Urgent Care does not require a prior authorization after hours or outside of the GlobalHealth Service Area.

4. Ambulance:

Scheduled ambulance transport from one Facility to another location requires prior authorization.

5. Hospital Transfers:

All scheduled Hospital transfers require prior authorization prior to transfer. All emergent Hospital transfers require notification to GlobalHealth the next business day following the date of service.

6. Outpatient Hospital/Ambulatory Surgery:

Procedures performed in an Outpatient Hospital (place of service 22) or ambulatory surgery center (place of service 24) require prior authorization.

7. Audiology Services:

Audiology services, speech/language therapy, and hearing aids may require prior authorization specific to Health Plan. Although audiology screening may not require a preauthorization, please request authorization for all other services.

8. Home Healthcare and Hospice Care:

All Home Healthcare, including home infusion therapy, and Commercial hospice care services require prior authorization. Hospice care for Medicare members should be coordinated under original Medicare Benefits.

9. Durable Medical Equipment (DME), Prosthetics and Orthotics:

DME, prosthetic devices, and orthotic devices require prior authorization. DME, prosthetics and orthotics (Revenue Codes 274 through 278), including enhanced or specialty equipment or supplies, require prior authorization.

10. Therapies and Rehabilitation:

All occupational and speech therapy, cardiac rehabilitation and pulmonary Rehabilitation Services require prior authorization. Referrals for physical therapy follow the requirements outlined in the Physical Therapy Practice Act, 59 O.S. §§ 887.1 - 887.18.

11. Behavioral Health:

Outpatient Therapy has no PA requirement. Only the following Behavioral Health Services require prior authorization:

- Applied Behavioral Analysis (ABA) autism Services** (CPT Codes contracted on the Autism Fee Schedule)
- The following higher levels of care:
 - Intensive Outpatient (IOP),
 - o Partial Hospitalization (PHP),
 - o Residential, Rehabilitation,
 - ECT, TMS,
 - Medical Detoxification
 - Inpatient Acute

For Behavioral Health prior authorizations, contact Beacon Health Options at:

- o Federal Plan (888) 434-9201
- o Generations/Medicare Advantage (888) 434-9202
- o Commercial (888) 434-9203
- o State Plan (888) 434-9204
- TTY 1-866-835-2755

12. Diabetes Prevention Program:

- Both Commercial and Medicare members require a prior authorization for the program. The program is only approved for CDC approved vendors who have contracted with GlobalHealth. Members can contact GlobalHealth Customer Care to select a vendor.
- > The program is at no cost to the Member.
- > Members must meet the following criteria:
 - Commercial:
 - Have, as of the date of attendance at the first core session, a body mass index (BMI) of at least 25 if not self-identified as Asian or a BMI of at least 23 if selfidentified as Asian;
 - Have, within the 12 months prior to attending the first core session, a hemoglobin A1c test with a value between 5.7 and 6.4 percent, a fasting plasma glucose of 110-125 mg/dL, or a 2-hour plasma glucose of 140-199 mg/dL (oral glucose tolerance test);
 - Have no previous diagnosis of type 1 or type 2 diabetes except for gestational diabetes; and
 - > Do not have end-stage renal disease (ESRD).
 - Medicare Advantage: Additional Limitations:
 - > Benefit is limited to one time per lifetime.

13. Diagnostic Services:

- Other procedures and testing that require prior authorization include:
- Infertility testing and services.
- Organ transplant services; transplant evaluations, organ donor services, transplant procedures.
- Stereotactic radiosurgery (e.g., gamma-ray radiosurgery, gamma knife, etc.).

- Cardiac stress tests, nuclear cardiac testing, coronary computed tomography angiography, and other cardiographs.
- Neurology and neuromuscular diagnostic testing, including EEG, EMG, NCV, and sleep studies.
- Non-invasive diagnostic testing including vascular, pulmonary, and voiding cystourethrogram.
- CT scans, nuclear scans/tests, MRI, MRA, PET scan, and gamma camera.
- Dialysis, Epoetin alfa, and laboratory services rendered in conjunction with dialysis.
- Outpatient radiation therapy and chemotherapy.
- Maternity care, maternal support services, fetal monitoring, threatened and premature labor treatment.
- Elective Facility-based invasive diagnostic testing.
- Hyperbaric treatment.
- Blood transfusions and all infusion therapies/services.
- Specialty lab including BRCA.

14. Pharmacy:

Certain injectable medications require prior authorization. Certain formulary drugs may be preferred agents or may require prior authorization. Specific prior authorization criteria are available by contacting the Pharmacy Department or visiting

 $\underline{www.globalhealth.com/providers/prior-authorization-forms.}$

15. Specialty Care Services:

- The Member's designated PCP must authorize or perform all Medically Necessary services. A Referral is needed for services not performed by the PCP. Exception: if the service is specifically listed in the Member's benefit Plan as not requiring a PCP Referral (e.g., Behavioral Health, mammogram, well-woman visit, etc.).
- If the specialist decides the Member needs additional services, or services from another specialist, it becomes the responsibility of the referring specialist to submit the authorization for additional services.
- The specialist is expected to continue to coordinate care with the PCP.
- **16. Tests:** You do not need separate Preauthorization for these tests performed in the doctor's office during the authorized visit:
 - Routine lab work
 - Ultrasound
 - X-ray
 - EKG
- 17. Drug Waste: Drug waste requires prior authorization.

Physical Therapy Referrals

Except for worker's compensation claims, any person licensed under the Physical Therapy Practice Act as a physical therapist shall be able to <u>evaluate</u> human ailments by physical therapy on a patient without a Referral from a licensed healthcare Practitioner for a period not to exceed thirty (30) days. An authorization must be submitted for treatment. Treatment may be provided by a physical therapist assistant under the supervision of a physical therapist. Any treatment provided shall be only under the Referral of a person licensed as a physician or surgeon with unlimited license, or the physician assistant of the person so licensed, with those Referrals being limited to their respective areas of training and practice. All subsequent treatments, up to any Plan limitation, must follow normal Referral/Preauthorization processes.

Self-referral Services/Services Not Requiring a Referral

As explained elsewhere in this Manual, the PCP will coordinate the Covered Services a Member gets as a GlobalHealth Member. But there are a few exceptions. The Member may self-refer to <u>an In-Network Provider</u> for the following services. He/she does not need a Referral from the PCP before going to:

- **OB/GYN:** Any service from a Network health professional that specializes in obstetrics or gynecology. The healthcare professional is responsible for:
 - Obtaining Preauthorization for certain services.
 - Following the authorized treatment plan.
 - Following procedures for Referrals.
- **MAMMOGRAM:** Women may also self-refer to a Network imaging center for a routine screening mammogram once every twelve (12) months.
- **BEHAVIORAL HEALTH:** A Member may access Behavioral Health (mental health and/or substance misuse) services directly by calling Beacon Health Options for a listing of contracted Providers.
- ER:
 - Services rendered in any emergency room or emergency ambulance.
 - Physician Services for unscheduled emergency admissions.
- SERVICES RENDERED IN URGENT CARE FACILITY.
- **PREVENTIVE SERVICES:**
 - Any Medicare-covered preventive services such as diabetes and kidney disease education. (See exceptions in Services that Require Authorizations)
 - Routine annual preventive exams
- LABS: Laboratory services performed by an In-network laboratory.
- **CONSULTING PHYSICIANS:** Services from Inpatient consulting physicians.
- **ANESTHESIA/PATHOLOGY:** Services from a Hospital-based anesthesiologist or pathologist (excludes pain management or office-based services).
- **HEARING/SPEECH EXAM:** A Member may self-refer to a Network audiologist only for an evaluation if the Member's Plan has this benefit. Preauthorization is required for additional treatment.
- **DENTAL:** (If the Member's Plan includes dental). A Member may self-refer to a Network dentist if this benefit is part of the Member's Plan and not part of medical procedure.
- VISION:
 - A Member may self-refer to a Network optometrist or ophthalmologist for a routine eye exam if this benefit is part of the Member's Plan.
 - A Member may self-refer for eyewear.

• CHIROPRACTIC:

- A Medicare Advantage Member may self-refer to a Network chiropractor for manual manipulation of the spine to correct subluxation.
- A commercial Member may self-refer to a Network chiropractor for all services within the Provider's scope of practice, if it is a covered service, up to the visit limitation specified in Plan materials.

Non-Approval of Referrals

The fact that a Referral is not approved should not be interpreted as a barrier to patient care or questioning of a physician's judgment. It may indicate the need for additional information from the Provider, or consideration of alternative treatment plan options, before authorizing the request. A peer-to-peer discussion is available for non-approval of referrals (Adverse Determinations). The referring physician can call the UM department to coordinate the peer-to-peer discussion.

When Services are Not Medically Necessary

Provider may not collect payment from a GlobalHealth Medicare Advantage Members for services that have been determined not Medically Necessary by the GlobalHealth Medical Director unless a proper Advanced Beneficiary Notice of Non-Coverage (1) was signed by the Member, (2) acknowledges the Member's financial responsibility, and (3) was obtained by the Provider prior to the service being rendered. (A copy of the criteria used to make the decision by contacting GlobalHealth. The criteria are available via mail, email, or telephone.)

Non-Covered/Excluded Benefits

GlobalHealth details services that are not covered or excluded in Member materials and will notify the Provider of its organization determination for the requested service(s). GlobalHealth will not reimburse Providers for services that are not-covered/excluded, even when provided by an In-Network Provider. Payments for services that are not covered/excluded are the responsibility of the Member.

NOTE: A signed Advanced Beneficiary Notice of Non-Coverage must be obtained for non-covered services prior to rendering the services to a Medicare Member for a Provider to collect from a Medicare Advantage Member.

Provider Appeal of UM Denial or Adverse Determination

Expedited Appeal

You may request an expedited Appeal if the Member is receiving services or is scheduled to receive services and the attending physician and/or the Member believes that the determination warrants immediate attention due to the patient's condition or health status.

- 1. Call GlobalHealth please refer to the contact list for the appropriate contact information.
- 2. Have all related clinical information available regarding the denied services.

Expedited Appeal Decision

Decisions concerning expedited Appeals are made as expeditiously as the medical condition requires, but no later than 72-hours after the review request is received. Providers are notified by telephone followed by written determination.

Physician Review of Medical Necessity Denials

Only the Medical Director (or other physician designee) makes medical necessity denial determinations. The Medical Director is available to discuss denial decisions with a Provider.

Hospital Admissions

All Inpatient Hospital care **must** be provided at a GlobalHealth Network participating Hospital, except for emergency admissions or when preauthorized by GlobalHealth under special circumstances.

GlobalHealth reviews every Inpatient admission for appropriate level of care beginning on the day of admission through discharge.

Outpatient Observations

GlobalHealth reviews every Outpatient observation request to determine appropriate level of care and utilization of services.

How to Request Pre-authorization

Preauthorization can be requested three (3) ways from GlobalHealth's UM Department:

- 1. GlobalLink[™] (www.GlobalHealth.com) Preferred Method
- 2. Fax (405) 280-5398
- 3. Telephone (405) 280-5300

Re-authorization

If a preauthorized admission is expected to extend beyond the initially assigned length of stay, the admission is subject to concurrent review and must be re-authorized. Re-authorization must be completed on or before the last day of the pre-approved Hospital stay. The re-authorization process is the same as pre-authorization.

Preauthorization Notification Does Not Guarantee Payment for Services Rendered

Preauthorization notification will only determine if a service is Medically Necessary.

Preauthorization does **not** determine if the Member is enrolled or if the service is a covered benefit for the Member. We recommend that you call to verify the Member's enrollment and benefit coverage.

Emergency Admissions

GlobalHealth must be notified by the Hospital of all Emergency admissions on the day of admission. GlobalHealth will obtain clinical information from the Hospital on the first business day following admission. Subsequent reviews are performed as the Member's condition warrants or until the Member is discharged. GlobalHealth reviews all emergency admissions for appropriate level of care.

Concurrent Review

GlobalHealth performs concurrent review from the day of admission through discharge to assure the medical necessity of each day, that services are provided at the appropriate level of care, and that necessary discharge arrangements have been made. GlobalHealth's concurrent review process assesses:

- The necessity for continued treatment;
- Level of care; and
- Quality of care for Members receiving Inpatient services.

Inpatient services extending beyond the authorized period require concurrent review.

If GlobalHealth has approved a course of treatment (to be provided over a period or number of treatments):

• The Provider may request to extend the course of treatment. GlobalHealth will notify the Provider of the decision. The Member is entitled to continued coverage pending the outcome of the request.

Contracted Providers should cooperate with GlobalHealth by:

- Providing concurrent review status reports by telephone.
- Allowing GlobalHealth's UM staff to conduct on-site concurrent reviews.
- Allowing access to medical records, for the Member.
- Providing admission and discharge notifications 24 hours/day, 7 days/week.

Daily Reporting

The following reports are required to be provided daily to GlobalHealth's UM Department:

- Census report for all GlobalHealth Members
- Discharge report
- Inpatient and Outpatient surgeries, observation stays, and Skilled Nursing Facility admissions, if applicable

The following information must be included on the report:

- Member name
- Member ID number
- Date of birth
- Admitting and/or attending physician
- Facility
- Admit date
- Admit type
- Bed type
- Diagnosis (ICD-10)
- Procedures
- Extraordinary items and services requiring authorization
- Anticipated discharge date
- Actual discharge date
- Discharge disposition

Discharge Planning

Transition of care management / discharge planning starts at the time of Hospital admission or when the admission is authorized and continues throughout the discharge process and includes the coordination of a patient's continued care needs both in and out of the Inpatient setting. A comprehensive discharge plan includes assessment of needs, plan development, plan implementation, and evaluation of effectiveness. The admitting physician should facilitate discharge planning by documenting the anticipated discharge date, disposition (e.g., home, SNF, rehabilitation, etc.), and any post-discharge services the Member may require. GlobalHealth's UM staff will coordinate with the Hospital case manager to arrange for any needed services. GlobalHealth's participation in the discharge planning process will vary based on the individual patient's circumstances and may occur by telephone or through on-site reviews.

Discharge planning activities include:

- Assessing patient's potential discharge requirements beginning on the day of admission, including Behavioral Health, psychosocial and economic needs.
- Completing evaluation of available support and assistance, including financial needs.
- Arranging multidisciplinary meetings to include patient and family members, as appropriate.
- Involving social services in discharge planning, as appropriate.
- Coordinating discharge needs such as DME, home health, Skilled Nursing Facility (SNF), transportation, medications, etc.
- Obtaining authorization from GlobalHealth for necessary post-discharge services.
- Coordinating Behavioral Health therapy and psychiatric medication management aftercare appointments within 7 days post discharge with Beacon Health Options at:
 - Federal Plan (888) 434-9201
 - Generations/Medicare Advantage (888) 434-9202
 - Commercial (888) 434-9203
 - State Plan (888) 434-9204
 - TTY 1-866-835-2755
- Documenting and communicating the discharge plan.
- Ensuring patient understanding of discharge orders and follow-up care required.
- Making other Referrals as needed.
- Delivering a written notice of non-coverage, if applicable.

Policy on Ensuring Appropriate Utilization

GlobalHealth's Utilization Management (UM) decision-making is based on appropriateness of care and service and existence of coverage.

GlobalHealth does not specifically reward Practitioners or other individuals for issuing denials of coverage.

GlobalHealth does not provide financial incentive for UM decision-makers which would encourage decisions that result in underutilization.

GlobalHealth does not use incentives to encourage barriers to care and service.

GlobalHealth does not make decisions regarding hiring, promoting or terminating its Practitioners or other individuals based upon the likelihood or perceived likelihood that the individual will support or tend to support the denial of benefits.
Technology Assessment Process

GlobalHealth has a technology assessment and guideline review process. It is designed to review requests for coverage of newly available devices, procedures, or treatments that are not considered established benefits.

A physician-directed committee reviews requests for approval of new technology. This includes both new technology and new application of existing technology.

The committee reviews medical and behavioral healthcare procedures, drugs, and devices using scientific medical evidence. An appropriate regulatory agency, such as the U.S. Food and Drug Administration (FDA), must have approved the new device, procedure, or treatment before it will be considered.

Before approving coverage, GlobalHealth requires documented evidence to ensure the efficacy and safety of the new technology. The new technology must:

- Improve the net health outcome of the Member;
- Be as beneficial as established alternatives;
- Be available outside the investigational setting;
- Significantly improve the quality of life of the Member; and,
- Clearly demonstrate safe medical care to the Member.

Proactive Outreach Program

GlobalHealth's Proactive Outreach Program assists Members in the management of their healthcare. The objective of the program is to decrease inpatient admissions, readmissions, and unnecessary emergency room visits through helping Members regain optimum health or improve functional capability. GlobalHealth accomplishes this objective by working with identified Members and their PCPs to:

- Evaluate Member health risk
- Verify or create workable health plan
- Encourage adherence to health plan
- Provide continuity and coordination of care
- Reduce inpatient admissions, readmissions, and unnecessary ER visits

The Proactive Outreach Program offers two types of support for GlobalHealth Members: Discharge Outreach and Case Management.

Discharge Outreach

The Discharge Outreach provides support to Members who have recently experienced a transition of care. The Discharge team works with Members to support and reinforce treatment plans to prevent readmission and unnecessary ER visits.

Exclusion from program includes:

- female Members who had a vaginal birth with no complications or conditions (hypertension, depression, etc.) and a healthy newborn.
- any Member being discharged to a hospice or nursing home Facility.

Case Management/Care Management

The Case Management Program consists of what is traditionally known as Complex Case Management and Disease Management. Members can enter into Case Management through predictive modeling or through Referral. Case Management assists Members with:

- Removal of social, cultural and economic barriers
- Internal and external coordination of care
- Disease state education
- Development and implementation of a health management plan
- Monitoring and follow-up

GlobalHealth considers Proactive Outreach to be opt-out programs; all eligible Members have the right to participate or decline to participate.

Medication Therapy Management Program

GlobalHealth Medicare Members taking multiple medications for Chronic Conditions can receive support from our medication therapy management program. The goal of this program is to help eliminate duplicate drug therapies, reduce potential for negative drug interactions and/or side effects, and optimize Member benefits by providing information on the lowest cost medication alternatives. Enrollment is automatic for qualified Medicare Advantage Members. Benefits include personalized service from registered pharmacists and staff.

GlobalHealth Commercial Members can be referred for a similar pharmaceutical review at the request of the PCP by contacting Customer Care.

Self-refer and enroll:

Contact the Customer Care Department:

1-866-277-5300 (toll-free) 711 (TTY)

Cases that May Require Special Care

Conditions that may benefit from Care Management intervention include, but are not limited to:

- AIDS, HIV, infection, and related diagnoses
- Amputations
- Anxiety
- Asthma
- Burns (severe)
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Coma (after three days' duration)
- Crohn's Disease
- Cystic Fibrosis
- Depression/Suicidality
- Diabetes
- Eating disorders

- Hospital admission greater than the expected length of stay (LOS)
- Head injuries
- Hemophilia
- IV therapy (long-term)
- Muscular/neurological disorders (traumatic and degenerative such as ALS, MS, MD, or paralysis)
- Neonates with high risk complications or congenital anomalies
- Pre-term labor/High Risk Pregnancies
- Rehabilitation (long-term)
- Rheumatoid arthritis (severe)
- Severe Mental Illness
- Spinal cord injury
- Substance Misuse (Alcohol, Illegal and/or Prescription Drugs not being used as prescribed)
- Terminal illness hospice candidates
- Transplant candidates
- Trauma (Major)
- Ulcerative Colitis
- Ventilator dependent

All Members are subject to evaluation for Care Management intervention. GlobalHealth considers Care Management to be opt-out programs; all eligible Members have the right to participate or decline to participate.

Behavioral Health Benefits

Members can directly access mental health and/or substance misuse services by calling the Beacon Health Options Customer Care number listed on the back of their Member ID card.

Pre-authorization for PA required Behavioral Health services, or assistance with claims issues,

<u>call:</u>

- Federal Plan (888) 434-9201
- Generations/Medicare Advantage (888) 434-9202
- Commercial (888) 434-9203
- State Plan (888) 434-9204
- TTY 1-866-835-2755

Additional services available through Beacon Health Options and/or GlobalHealth include:

- Crisis intervention.
- Referrals to community resources and self-help groups.
- Help in locating a Provider.

Medical detoxification is covered for problems associated with acute alcohol, drug, or substance misuse.

A series of treatments is a structured, organized, and needed program which may include different Facilities. It is complete when the covered Member is discharged on medical advice from Inpatient Detoxification, Inpatient Rehabilitation, Partial Hospitalization, or Intensive Outpatient Program.

Treatment Setting	Benefit Description	
Outpatient Therapy:	Non-emergent therapy that may include medication	
	management therapy and/or psychiatric testing. Standard	
	therapy session or medication management does not require	
	Preauthorization from Beacon Health Options. Specified	
	Outpatient services require Preauthorization from Beacon	
	Health Options (see Member's Plan Member Handbook).	
Intensive Outpatient Program:	Treatment multiple times a week for a predetermined number	
	of hours a day, depending on treatment plan. Requires	
	Preauthorization from Beacon Health Options.	
Partial Hospitalization (Day	Treatment multiple times a week for a predetermined number	
Treatment):	of hours a day, depending on treatment plan. This treatment	
	requires more days and/or hours per day than an intensive	
	Outpatient program. Requires Preauthorization from Beacon	
	Health Options.	
Residential Treatment Center:	Non-acute Inpatient program. Requires Preauthorization from	
	Beacon Health Options.	
Acute Hospitalization:	24-hour Inpatient program. Requires Preauthorization from	
	Beacon Health Options.	

A chemical dependency treatment center is a Facility that provides a program for the treatment of chemical dependency using a treatment plan approved and monitored by a Network Provider.

Prescription Drug Benefits

There are two Pharmacy Benefit Managers:

Magellan for GlobalHealth Commercial Members

CVS/Caremark for GlobalHealth Medicare Advantage Members

Home Delivery Pharmacy Service

Magellan and CVS offer the convenience of home delivery. Maintenance medications are mailed to the Member's home in a 90-day supply when you prescribe a 90-day supply.

- For Commercial Members, Providers can submit the prescription and completed fax form to MRx at 888-282-1349. Forms are available at https://www.GlobalHealth.com/prescriptions.aspx
- For Medicare Members, Providers can contact CVS at 800-378-5697 (toll free) or fax completed form and prescription to CVS at 800-378-0323. Forms are available at <u>https://www.GlobalHealth.com/2017/medicare/materials</u> under Pharmacy Documents, Links and Resources.

Extended Supply Retail Pharmacy Network

The Member may receive up to a 90-day supply of a maintenance drug at an extended supply retail Network pharmacy for the applicable home delivery Copayment or Coinsurance. Medications must be prescribed as a 90-day supply by a Network Provider. An extended supply retail Network pharmacy can be found on <u>www.GlobalHealth.com</u>.

Commercial-Chickasaw Nation Refill Center Medications by Mail

Chickasaw Nation Refill Center is a Native American-owned retail pharmacy located in Oklahoma. It provides prescription medications to Native Americans. The Member must complete the Native American Prescription Benefit Program Patient Enrollment form available on <u>www.GlobalHealth.com</u> and submit to Chickasaw Nations Refill Center. Proof of Native American status in one of the federally recognized tribes is required. Once Native American heritage is established with Chickasaw Nation Refill Center, the Member may receive Cost-share discounts. Medications are mailed directly to the Member's home or designated location. Non- Native American spouses are also covered. Prescriptions may be a 30 or 90-day supply. Online prescription services available at <u>www.cnrefillcenter.net</u>.

Specialty Pharmacies

Contracted specialty pharmacies may fill prescriptions for specialty medications and mail them to the Member's home. Specialty medications sent to and administered by a doctor are covered under the Member's office visit cost-sharing responsibility. Specialty medications sent to and administered by the Member are assessed the applicable Prescription Drug Copayment or Coinsurance. A specialty Network pharmacy can be found on in the Provider Directory or by Provider search at <u>www.GlobalHealth.com</u>.

GlobalHealth's Preferred Formulary Drug List

Formularies are specific to the Plan benefits. Preferred drugs are listed in the *Drug Formulary*. Medications on the list are selected based on quality (effectiveness and safety) as well as costeffectiveness. Doctors and pharmacists have worked together to develop the formulary. It includes generic and brand name medications that are approved by the FDA.

Drug Tiers

The cost share for each prescription drug is based on which Tier it is in. The number of tiers may vary based on the Plan Design. Generally, the lowest tier contains Generic or low-cost medications. The next higher tiers contain preferred name brand medications or non-preferred brand name formulary medications and specified high cost generic drugs. Cost shares typically increase as the tier increases. Specialty medications may have the highest Tier. Specialty medications are limited to no more than a one-month supply and must be pre-approved by either GlobalHealth Pharmacy Department (Commercial) or CVS Caremark (Medicare Advantage).

Please refer to the Member materials for Plan specific formularies, drug tiers and cost shares at www.GlobalHealth.com.

Prior Authorization, Step Therapy, Quantity Limits, and Exceptions

Our Plans may include Utilization Management for Prescription Drugs. These programs are based on current medical findings, FDA-approved manufacturer labeling information, cost, and manufacturer rate agreements. The Medication Utilization Management Program identifies some medications that have requirements that must be met before they can be filled. The formulary indicates if the drug requires prior authorization (PA) or other limitations.

The prior authorization process and point of contact is different for Medicare Advantage and Commercial Plans. The GlobalHealth Pharmacy Department performs PA reviews for the Commercial Plans. CVS Caremark provides PA reviews for Medicare Advantage Plans.

Туре	Description	
Prior Authorization	Physicians are required to obtain prior authorization for certain	
(PA):	medications, including compound drugs. This promotes appropriate, cost-	
	effective use. Any corresponding supplies or equipment also require prior	
	authorization. GlobalHealth may not cover the drug, supply, or equipment	
	without prior authorization.	
Limited Access (LA):	Prescription may only be available at certain pharmacies. Physicians will	
	need to consult the Provider/Pharmacy Directory or call GlobalHealth	
	Customer Care at 1-866-494-3927 (toll-free) 24 hours a day, seven days a	
	week.	
Step Therapy (ST):	Step therapy requires one or more prerequisite, clinically equivalent drugs	
	to be tried before a step therapy drug will be covered.	
Quantity Limits (QL):	There are limits to the amount of certain medications that you may	
	receive. These drugs, if taken inappropriately for too long a time, could be	
	unsafe and cause adverse effects.	
Not Mail Order	Drugs that are not available by mail-order.	
(NM):		
Medicare	Drugs that require coverage determination for Medicare Part B or Part D	
Formularies: (B/D):	are designated with the abbreviation B/D.	

Standard Exception Process

Commercial:

You can request GlobalHealth to waive coverage restrictions and limits. Call (918) 878-7361 to request an exception. You may submit your request in writing, electronically, or telephonically.

This exception process also applies to new Members who are taking drugs that require coverage determination or taking non-formulary drugs. GlobalHealth could grant a temporary supply during the Member's first 90 days of membership.

Expedited Exception

You may request an expedited exceptions process when:

- The Member is suffering from a health condition that may seriously jeopardize his/ her life, health, or ability to regain maximum function, or
- The Member is undergoing a current course of treatment using a non-formulary drug.

We will provide a decision to you within twenty-four (24) hours after receiving the request and sufficient information to begin the review.

- If granted, the exception will be for the duration of the prescription, including refills.
- If GlobalHealth denies your exception request, you may request an External Review. You will receive the determination within twenty-four (24) hours of receiving your request for review.

The Member' medication will be covered during the time GlobalHealth is reviewing, and if applicable, during the External Review.

Medicare Members:

You can request GlobalHealth to waive coverage restrictions and limits. Call 866-494-3927 to request an exception. You may submit your request in writing, electronically, or telephonically. Providers can contact CVS Caremark at 866-494-3927 (toll free) or fax completed forms to CVS at 855-633-7673. Forms for a Medicare Coverage Determination are available at <u>https://www.GlobalHealth.com/2017/medicare/materials</u> under Pharmacy Documents, Links and Resources.

Medicare beneficiaries who are new to GlobalHealth Medicare Advantage can receive a "transition supply" of medication for the first 90 days of their enrollment if they are new to the Plan or during the first 90 days of the new plan year if they were enrolled in the Plan the previous Plan year. The temporary supply will be for a maximum of a 30-day supply. If the Member is in LTC, the supply is 31 up to 98 days, for the first 90 days of enrollment.

Expedited Exception

You may request an expedited exceptions process when:

- The Member is suffering from a health condition that may seriously jeopardize his/ her life, health, or ability to regain maximum function, or
- The Member is undergoing a current course of treatment using a non-formulary drug.

CVS will provide a decision to you within twenty-four (24) hours after receiving the request and sufficient information to begin the review.

- If granted, the exception will be for the duration of the prescription, including refills.
- If GlobalHealth denies your exception request, you may request an External Review. You will receive the determination within twenty-four (24) hours of receiving your request for review.

ATTENTION: PRESCRIPTION PAIN RELIEVERS CAN BE HIGHLY ADDICTIVE AND DANGEROUS!

Prescription Drugs, especially opioid analgesics – a class of Prescription Drugs used to treat both acute and chronic pain such as hydrocodone, oxycodone, codeine, morphine, and methadone – have increasingly been implicated in drug overdose deaths over the last decade.

Before you prescribe this type of medication for your patient, or if you have patients who've been taking this type of medication for a period, have a serious discussion regarding the potential for addiction and overdose, while considering titrating them off as soon as possible. GlobalHealth urges prescribers to conduct at least annual medication reviews that include over-the-counter, prescriptions and supplements with their patients.

If you have a patient who has become addicted to any medication, then contact the GlobalHealth Behavioral Health unit immediately for assistance in getting them to treatment and resources to support them through the recovery process. Your patient's GlobalHealth benefits cover Outpatient Therapies, Medication Assisted Treatment Programs, Residential Substance Abuse Treatment as well as assisting Members with gaining community resources that will help in their recovery process.

Claims and Payment Time Limits for Filing Claims

Providers must submit Clean Claims to GlobalHealth within the timely filing period specified in the Provider's contract in order to receive payment. If the Provider fails to submit a Clean Claim within the required timeframes, GlobalHealth expressly reserves the right to deny payment for such claim(s). Claim(s) denied for untimely filing **cannot** be billed to a Member.

When GlobalHealth is a secondary payer, the filing period begins the date of the primary carrier's explanation of benefits showing their payment or denial.

Claims Submission

Claims must be submitted electronically or mailed to the following address:

Medicare Advantage: GlobalHealth, Inc. ATTN: Claims P.O. Box 1747

Oklahoma City, OK 73101-1747

Commercial: GlobalHealth, Inc. ATTN: Claims P.O. Box 2328 Oklahoma City, OK 73101-2328

GlobalHealth utilizes the following clearing houses for electronic claims submission:

- Emdeon
- SSI Group
- Gateway
- Claimlogic
- Relay Health

GlobalHealth's electronic data interchange (EDI) number is GHOKC.

The EDI Claims Submitter Request Form can be found at <u>http://www.GlobalHealth.com/providers_edi.aspx</u>.

Proof of Timely Filing

Your clearinghouse vendor can supply you with a report of accepted electronically filed claims. That report can be used for proof of timely filing for electronic claims. Your Certified Receipt or Return Receipt Signature is required for proof of timely filing for paper claims.

Claims Adjudication

GlobalHealth reviews and evaluates claims for:

- Correct coding (ICD-10, CPT-4®, or other required coding as applicable).
- Correct billing (UB-04 or CMS-1500 format).
- Coverage criteria.
- Medical necessity.
- Approved Forms:

- CMS 1500
- UB-04
- Electronic Filing

Copayments/Coinsurance

A Copayment or Coinsurance is an amount due from the Member at the time of service. Members are required to pay a Copayment or Coinsurance for certain benefits.

Copayments should be collected when services are rendered. Copayment amounts are generally listed on the Member's GlobalHealth ID card.

No Copayment or Coinsurance should be collected from or billed to the Member for preventive care services.

Some commercial Plans have a Deductible for some services. ER, Hospital, and Outpatient surgery all are subject to a Deductible if a plan has one. Preventive services are not subject to any Deductible.

Maximum Out-of-Pocket (MOOP)

For GlobalHealth Plans, Member expenses are limited by a maximum out-of-pocket (MOOP) amount. If a Member has reached the MOOP, a Provider should not apply any Member Cost-share for the Covered Services. Providers may obtain a Member's MOOP information via GlobalLink[™] or by contacting GlobalHealth. If the Provider collected a cost share from the Member, GlobalHealth will notify the Provider of the amount in excess of the MOOP and the Provider shall promptly reimburse the Member.

If GlobalHealth determines that the Provider did not reimburse the Member the amount received in excess of the MOOP, GlobalHealth may reimburse the Member directly, and recoup the amount from the Provider. GlobalHealth will notify the Provider of any such recoupment thirty (30) days prior to such recoupment.

GlobalHealth may audit the Provider's compliance with this section and may require the Provider to submit documentation to GlobalHealth supporting that the Provider reimbursed Members for amounts in excess of the MOOP.

Situations That May Affect Hospital Reimbursement

Reimbursement for Inpatient services may be affected in certain situations described below.

- 1. Hospital Acquired Conditions/ Not Present on Admission
 - GlobalHealth does not provide additional reimbursement for complications related to procedures and co-morbidities related to Hospital acquired conditions not present on admission as defined by the Centers of Medicare and Medicaid Services (CMS).
- 2. Hospital Readmissions
 - GlobalHealth does not make additional, separate DRG payments for readmissions that are foreseeable and at the same Facility for same, similar or related conditions or the result of a premature discharge or inadequate discharge planning and that were avoidable. GlobalHealth applies standardized criteria such as the Centers for Medicare and Medicaid

Services (CMS) guidelines, MCG[™] Care Guidelines, and other applicable industry guidance in determinations not to reimburse for a subsequent Hospitalization.

- 3. Never Events
 - GlobalHealth does not reimburse for charges that are related to "Never Events" or "Serious Reportable Events (SRE) as defined by the CMS and National Quality Forum (NQF).
 - "Never events" are errors in medical care that are clearly identifiable, preventable, and serious in their consequences for patients, and that indicate a real problem in the safety and credibility of a healthcare Facility.
- 4. Healthcare services or diagnosis not supported due to inadequate documentation in the requested medical record.
- 5. Coding and Billing Industry Standards and Best Practices
 - GlobalHealth does not reimburse for charges that are not in adherence with coding and billing best practices and standards or supported by documentation. GlobalHealth utilizes, but is not limited to the following resources:
 - CMS Guidelines as stated in Medicare Manuals
 - o Medicare Local and National Coverage Determinations
 - GlobalHealth Provider Manual, claims payment and Utilization Management policies, and Member materials
 - National Uniform Billing Code Guidelines from National Uniform Billing Committee
 - American Medical Association Current Procedural Terminology System (CPT) guidelines
 - Healthcare Common Procedure Coding System (HCPCS) rules
 - ICD-10 Official Guidelines for Coding and Reporting
 - American Association of Medical Audit Specialists National Health Care Billing Audit Guidelines
 - National Correct Coding Initiative (NCCI) and Medically Unlikely Edits (MUE)
 - Industry standard Utilization Management criteria/ and or care guidelines, including MCG[™] Clinical Guidelines (MCG), Hayes, CALOCUS or LOCAT (current edition on date of service)
 - Medicare Code Editor (MCE)
 - Integrated Outpatient Code Editor (I/OCE)
 - American Hospital Association Coding Clinic Guidelines
 - Social Security Act
 - Food and Drug Administration Guidance
 - o UB-40 Data Specifications Manual
 - o National professional medical societies' guidelines and consensus statements
 - Publications from specialty societies such as the American Society for Parenteral and Enteral Nutrition, American Thoracic Society, Infectious Diseases Society of America, etc.
 - Department of Health and Human Services final rules, regulations and instructions published in the Federal Register
 - Nationally recognized, evidenced-based published literature from such sources as:
 - World Health Organization
 - ➢ Medscape

- American College of Cardiology Foundation/ American Heart Association Task Force
- ➢ American Diabetes Association
- American Psychiatric Association

Responsibility for Payment

The Members Are Responsible for Payment of:

- Their Deductible, Copayments, or Coinsurance for approved Covered Services.
- The charges for services provided by a physician or medical Facility without an authorized Referral from the Member's PCP listed on their ID card.
- The cost of services not included in their GlobalHealth Plan benefits.
- Full billed charges when:
 - The services were non-Covered Services.
 - The services were received Out-of-network and were not authorized by GlobalHealth.
 - The services were obtained through Fraud.

The Members Are Not Responsible for:

Any amounts owed by GlobalHealth to a Provider for approved Medically Necessary services that are covered by Plan benefits.

Any amounts requested as Balance Billing (after GlobalHealth has paid the contracted Allowed Amount), provided that:

- The services were preauthorized Covered Services;
- The services were approved by GlobalHealth;
- The services were provided by a Network Provider; and
- The Member has paid the required Cost-share.

Claims Reimbursement

GlobalHealth will reimburse for Covered Services on timely filed claims in accordance with contractual agreements and applicable statutory requirements less any applicable Copayments, Coinsurance, and/or Deductibles owed by the Member. Unless otherwise specified, GlobalHealth follows Centers for Medicare and Medicaid Services (CMS) coding guidelines including; ICD-10, CPT-4®, and HCPCS. Should GlobalHealth fail to pay a claim within the required timeframe, GlobalHealth will pay interest in accordance with contractual and State regulatory requirements. Providers will receive a Remittance Advice (RA), also referred to as an Explanation of Benefits (EOB), detailing how each service was processed.

Reasons for Payment Delays

It is our goal to process your claims as expeditiously as possible. In order to do so, it is essential that you submit complete and accurate claims. Common mistakes that delay your payment include:

- No employer or group number
- No authorization numbers
- Failure to submit required additional documentation
- Inaccurate or questionable diagnosis or procedure coding
- Missing or wrong Tax ID Number
- Missing Provider name and/or NPI

Claims Status

Contracted Providers must use GlobalLink[™] to obtain claims status.

Balance Billing

A contracted or participating Provider accepts the GlobalHealth reimbursement as payment in full and may NOT "balance bill" a GlobalHealth Member. In other words, the Provider may not look to a GlobalHealth Member for payment for Covered Services beyond the Member's applicable Deductible, Copayment, and/or Coinsurance amounts. Balance Billing is a violation of the Provider Agreement with GlobalHealth and may result in termination of the Provider from the GlobalHealth Network.

Remittance Advice (RA)

GlobalHealth issues a Remittance Advice (RA). The RA summarizes the Provider's claims and explains how benefits were applied. You can use the RA to determine how a claim was paid including non-allowed amounts and adjustments. The RA will note any appropriate non-covered services, Deductibles, and Coinsurance amounts that are the responsibility of the Member. The RA lists and explains all codes used in processing each claim. Claim details can also be obtained through GlobalLink[™].

Claims Payment Recovery

If GlobalHealth overpays a claim for services or pays for services where the Member was not eligible for coverage at the time services were rendered, GlobalHealth may request a refund. This allows GlobalHealth to recoup overpayment amounts by subtracting such amounts from a Provider's future payments. You will be notified of any offset amount, the name of the Member for whom an overpayment was made, and the relevant dates of service. This information will be noted on your RA.

Adverse Determinations

GlobalHealth will notify you of the Adverse Determination within thirty (30) calendar days after receipt of the claim. This period may be extended one time by GlobalHealth for up to fifteen (15) days, provided that GlobalHealth determines:

- An extension is necessary due to matters beyond its control;
- GlobalHealth notifies you, prior to the end of the initial 30-day period, of why the extension is needed; and,
- The date by which GlobalHealth expects to render a decision.

If an extension is necessary because GlobalHealth does not have the information to decide the claim, the notice will specifically describe the required information, and you will have forty-five (45) days from receipt of the notice to provide the specified information.

If your claim was denied due to missing or incomplete information, you may resubmit the claim to us with the necessary information to complete your claim.

Provider Payment Disputes/Claim Reviews

You may request a claim review if any part of a claim submitted for payment is either denied or you disagree with how the claim was paid. GlobalHealth will review the claim upon written request. The appropriate claim review form can be found at <u>www.GlobalHealth.com</u>, Provider tab. Claim reviews can usually be resolved by attaching any pertinent documents to support your claim (e.g., sending proof of timely filing, sending a copy of the authorizations for claims denied for no authorization).

Your request for claim review must be submitted in writing. The request should include the following:

- Member's name and address;
- GlobalHealth Member ID#;
- Date of service if appealing a denied claim;
- Description of the denied service and why the claim review is being requested; and
- Copies of documentation to support the claim review request (e.g., claims, medical records, physician statements, and any other relevant information).

The time frame for submitting claim review requests equals the claims timely filing limit stated in your contract. Example: if your timely filing is 60 days, you have 60 days from the date of denial to submit a claim review request. This time frame applies only to: claims denied for notes, medical records, or request for missing information and non-clean claims.

For review requests arising out of claims denied for no authorization, or if you do not agree with the payment amount, a request may be submitted within the specified time frames outlined in the GlobalHealth agreement.

Preventive Care Guidelines

GlobalHealth refers to the US Preventative Services Task Force (USPSTF) list of preventative guidelines. The evidence based preventive health guidelines on care that we recommend for the following Member subgroups are posted on our website. Additional reference sources for preventive guidelines are the American Academy of Pediatrics, Centers for Disease Control and Prevention and Life Stages: Centers for Disease Control and Prevention. Disease Control and Prevention. Guidelines for preventive care are available for:

- Perinatal
- Children up to twenty-four (24) months old
- Children 2-19 years old
- Adults 20-64 years old
- Adults sixty-five (65) years and older

Clinical practice guidelines and preventive health guidelines can be found on the GlobalHealth website homepage, under Wellness. Go to <u>www.GlobalHealth.com/wellness_maintain</u>. Not everyone needs every preventive service. You should determine which services are right for each individual Member.

Commercial

If the primary purpose of the service is for treatment rather than preventive screening, the Member may be required to pay their normal Cost-share. Services are preventive when there are no prior

symptoms. Services are for treatment purposes when the Member is having symptoms, or they have been diagnosed with a condition. Please refer to Member materials for additional information.

Medicare Advantage

CMS requires coverage at no cost share to Medicare Advantage Members for the following services. Some services require a prior authorization.

- Alcohol Misuse Screening & Counseling
- Annual Wellness Visit
- Bone Mass Measurements
- Cardiovascular Disease Screening Tests
- Colorectal Cancer Screening
- Counseling to Prevent Tobacco Use
- Depression Screening
- Diabetes Screening
- Diabetes Self-Management Training
- Glaucoma Screening
- Hepatitis C Virus Screening
- HIV Screening
- Influenza Virus Vaccine & Administration
- Initial Preventive Physical Examination

- IBT for Cardiovascular Disease
- Hepatitis B Vaccine & Administration
- IBT for Obesity
- Lung Cancer Screening
- Medical Nutrition Therapy
- Medicare Diabetes Prevention Program
- Pneumococcal Vaccine & Administration
- Prostate Cancer Screening
- Screening for Cervical Cancer
- Screening for STIs and HIBC to Prevent STIs
- Screening Mammography
- Screening Pap Tests
- Screening Pelvic Examinations
- Ultrasound Screening for AAA

An interactive quick reference guide is available at

 $\label{eq:https://www.cms.gov/Medicare/Prevention/PreventionGenInfo/medicare-preventive-services/MPS-QuickReferenceChart-1.html.$

Laboratory Testing

If your practice has a CLIA-approved lab on site, you may provide and bill for those tests that you are approved and contracted to perform. All other test(s) must be performed at a laboratory Facility that is contracted with GlobalHealth. If your practice does not have a lab onsite, you may either refer the patient to a GlobalHealth contracted laboratory Facility or draw and send the lab specimen to a GlobalHealth contracted laboratory.

Drug Testing Limitations

The test is limited to the detection of specific drugs. The frequency of the testing is limited to the lowest level to detect the presence of drugs. Drug confirmation is limited to:

- When the result of the screen is positive, or
- The result is negative and negative finding is inconsistent with the medical history.

Confirmatory testing must be necessary for treatment planning.

Drug Testing Exclusions

- Testing ordered by third parties, such as school, courts, or employers or requested by a Provider for the sole purpose of meeting the requirements of a third party.
- Testing for residential monitoring.
- Routine urinalysis for confirmation of specimen integrity.

Compliance Program

GlobalHealth has a written Compliance Program that incorporates the following elements:

- A designated Chief Compliance Officer
- Written Code of Conduct
- Auditing and monitoring, including methods for detecting Fraud and abuse
- Education and training
- Hotline for reporting compliance concerns
- Policies and procedures
- Remediation / corrective action when problems are identified

All participating Providers are expected to adhere to the GlobalHealth Compliance Program, including the Code of Conduct. A current copy of the Code of Conduct is available on the GlobalHealth website. For any question concerning the Compliance Program, or to report a concern call our toll-free anonymous reporting line, (877) 280-5852, and leave a message. Or, email <u>compliance@globalhealth.com</u>.

All questions and concerns are thoroughly investigated by the Compliance Officer in a timely manner. GlobalHealth will not retaliate against anyone who, in good faith, reports an actual or potential violation of any federal or state law or regulation or GlobalHealth policy.

You may also contact our Compliance Officer in writing at:

ATTN: Compliance Officer GlobalHealth, Inc. 210 Park Avenue Suite 2800 Oklahoma City, OK 73102-5621

Quality Improvement Program (QIP)

GlobalHealth is committed to supporting quality healthcare and the preservation of good health. The QIP helps GlobalHealth improve Health Plan functions and services from Network Providers.

The QIP provides the framework to assess and improve the quality of care and services. It is based on a model that stresses a systematic, integrated approach to quality. The QIP is designed to meet statutory requirements. It adheres to standards, guidelines, and contractual requirements for Health Plans, including those published by:

- The National Committee for Quality Assurance (NCQA).
- The Centers for Medicare and Medicaid Services (CMS).

The program identifies issues and opportunities for improvement. Multi-disciplinary work groups, comprised of GlobalHealth employees and participating Providers who:

- Monitor performance indicators.
- Analyze data.
- Implement changes to improve performance.

With a focus on providing high-quality, cost-effective healthcare, the use of the QIP will positively impact the:

- Improvement in processes and outcomes of care.
- Satisfaction of Members and Providers.
- Cost of healthcare services.

Quality Improvement Work Plan

GlobalHealth develops and implements a Quality Improvement Work Plan each year. The Work Plan monitors and evaluates healthcare delivery systems and Health Plan management activities. Its purpose is to ensure quality care and service.

Quality Improvement activities are evaluated annually. We implement changes to address identified opportunities. We follow up in areas that need improvement.

Quality Program Goals:

- Improve Member health by increasing utilization of preventive health, Behavioral Health, and chronic care services as evidenced by improved HEDIS®/CAHPS® and HOS scores and reduced Inpatient admissions
- Improve transitions in care for high risk Members with Chronic Conditions
- Improve Member education of chronic disease states and engage the Member in Care Management plans
- Reduce all-cause readmission rates across the Plan
- Improve Member adherence to medications for treatment of diabetes, cholesterol, and blood pressure
- Maintain a high level of Member and Provider satisfaction, based on survey scores
- 4-Star rated Medicare Advantage Plan
- Meet or exceed external regulatory and accreditation standards (CMS, NCQA)
- Strive towards exceeding industry quality measure benchmarks: HEDIS® /CAHPS®/HOS

Medical and Behavioral Health Quality Reviews

GlobalHealth monitors several key quality indicators, including readmissions, Hospital acquired conditions, surgical misadventures, "never events", complaints about care and deaths. Cases are referred by UM, Claims, Members and Providers. Medical and Behavioral Health clinicians review medical records and other supporting documentation to determine if quality concerns are supported. The Provider will be notified of the Quality Review findings. Please contact <u>quality@globalhealth.com</u> for more information.

Risk Adjustment

As of January 2014, risk adjustment is required by the U.S. Department of Health and Human Services (HHS) by utilizing Hierarchical Conditional Categories (HCC) to calculate a patient risk score that annually represents the burden of each individual patient's disease. In order to achieve the calculation, CMS and HHS require us to annually provide demographic and health status of our Members. All existing and Chronic Conditions must be evaluated and documented each calendar year as the patient diagnoses do not carry forward from year to year. The diagnosis codes and risk adjustment date you submit to use must be complete and accurate.

GlobalHealth conducts HCC reviews all year. In order to provide the required documentation, GlobalHealth requests records from Providers. HCC coding staff also arranges on-site reviews of medical records for the supporting documentation and help train clinic staff on what is needed to document the health conditions appropriately.

HEDIS®

The Healthcare Effectiveness Data and Information Set (¹HEDIS) is a tool used by more than 90 percent of America's Health Plans to measure performance on important dimensions of care and service. HEDIS® is part of a nationally recognized quality improvement initiative. Because so many Health Plans collect HEDIS® data, and because the measures are so specifically defined, HEDIS® makes it possible to compare the performance of Health Plans on an "apples-to-apples" basis. Health Plans also use HEDIS® results themselves to see where they need to focus their improvement efforts.

To ensure that HEDIS® stays current, NCQA has established a process to evolve the measurement set each year. NCQA's Committee on Performance Measurement, a broad-based group representing employers, consumers, Health Plans and others, debates and decides collectively on the content of HEDIS®. This group determines what HEDIS® measures are included and field tests determine how it gets measured.

HEDIS® is used by the Centers for Medicare & Medicaid Services (CMS) and the National Committee for Quality Assurance (NCQA) for monitoring the performance of managed care organizations. Data is collected for measures related to preventive care. NCQA has expanded the size and scope for HEDIS® 2017 and includes 91 measures across 7 domains of care. As a Health Plan, we are responsible for collecting data on these performance measures and one of the ways we do that is through medical record review. Each year, a sample of medical records are randomly selected for review to ensure quality care is being provided to our Members. Primary Care Physicians (PCP) and OB/GYNs are the primary participants. However, if the data is not found in these medical records, additional medical record reviews may be required.

GlobalHealth requests HEDIS® records all year and during a HEDIS® reporting drive each spring. Your assistance throughout the year minimizes the number of records needed in the HEDIS® season. There are several ways you may receive record requests for HEDIS® purposes from GlobalHealth. For individual or very small amounts of records we will fax compliant requests to your office with detailed instructions on how to return the request. We also employ auditors in your area that may call to schedule an on-site visit to review appropriate medical records. They will provide a detailed list of information you need to prepare for the visit. We ask that Provider offices schedule these visits quickly on a day that is convenient. These visits are not a "pass or fail" situation, we are simply reviewing records to determine if they meet HEDIS® measure compliance. In some cases, the auditor may make recommendations on how your clinic can make positive changes to improve your overall compliance. On-site visits are designed to take the burden of complicated record review away from your staff. If you ever have questions about HEDIS® record review, please use the contact information that is provided to you on the request.

GlobalHealth is a covered entity under the Health Insurance Portability and Accountability Act of 1996 (HIPAA). The HIPAA Privacy Rule, 45 CFR 164.506(c)(4), permits a Provider to disclose protected health information (PHI) to a Health Plan for the quality-related healthcare operations of the Health Plan, provided that the Health Plan has or had a relationship with the individual who is the subject of the information, and the protected health information requested pertains to the relationship. A Provider may disclose protected health information to a Health Plan for the Health Plan's Healthcare Effectiveness Data and Information Set (HEDIS) purposes, so long as the period for which information is needed overlaps with the period for which the individual is or was enrolled in the Health Plan. You do not need a separate authorization from the patient to release the medical record information for purposes of these quality studies.

¹HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA). HEDIS® is designed to provide purchasers and consumers with the information they need to reliably compare the performance of healthcare Plans. HEDIS® results are included in <u>Quality</u> <u>Compass</u>, an interactive, web-based comparison tool that allows users to view Plan results and benchmark information. Quality Compass users benefit from the largest database of comparative Health Plan performance information to conduct competitor analysis, examine quality improvement and benchmark Plan performance.

Consumer Assessment of Healthcare Providers and Systems (CAHPS®)

GlobalHealth also participates in the CAHPS® 5.0 survey, which asks Members about their experience with their care in areas such as Provider communication, access to care, getting care quickly, claims processing, and customer service. There are two versions of the CAHPS® survey that we participate in: Adult Commercial and the Medicare Advantage and Prescription Drug. These surveys are distributed annually to a random sample of GlobalHealth Members.

Survey questions include:

- Access to timely care
- Preventive care counseling

- Discussion of treatment options including pros and cons
- Understandability of physician explanations
- Physician listened, showed respect, and spent enough time with Member
- Follow-up of test results with Member
- Medication review with Member
- Ease of access to specialists
- Smoking cessation discussion / counseling
- Annual flu vaccine

²CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ).

Provider Satisfaction

Member satisfaction is only part of the Quality Improvement picture. To continually improve upon Health Plan services, GlobalHealth may conduct Provider Satisfaction Surveys. The survey identifies the Providers level of satisfaction including, but not limited to:

- GlobalHealth overall
- Utilization Management/Referral Department
- Complex Care Management Department
- Provider Relations Department
- Claims Department

Member Complaints and Grievances

If a Member files a complaint against a Provider, GlobalHealth will contact the Provider for additional information, which may include an explanation or medical records, so we can ensure all the facts are obtained before responding to the Grievance. Providers must respond to our requests for an explanation within fifteen (15) days so we can include your response in the investigation. GlobalHealth is subject to timeliness standards that require us to respond within a specific period. Your quick response to our inquiry will ensure we comply with state, federal, and CMS regulations.

Access Quality Standards

Regulatory and accrediting agencies establish accessibility requirements. GlobalHealth follows those standards. Ensuring that Members have timely services that are accessible and available is the purpose of these standards. GlobalHealth routinely monitors our Network adequacy and Member access to confirm the standards are met. See the Provider Accessibility section for more information.

Medical Recordkeeping and Documentation Standards

Because complete and accurate documentation in medical records is an essential component of quality patient care, GlobalHealth conducts periodic Practitioner office reviews to assess medical recordkeeping practices and medical record clinical documentation.

Essential medical record components include:

- An organized medical record filing system with patient medical records stored in a systematic, secure, and confidential manner.
- Each page in the record contains the patient's name or identification number both front and back sides.

- Each record contains appropriate, updated biographical/personal data.
- All entries are dated.
- All entries are signed by the author. Transcribed notes are initialed or signed by the author. All signatures should include the credentials of the author. Note: an electronic signature is acceptable, provided authorization for its use is included in the signature line. Stamped signatures will not be accepted.
- Physician Assistant's notes are co-signed by physician.
- Personal/biographical data including date of birth, sex, marital status, address, employer, and home and work telephone numbers.
- Family/social history is noted in the record.
- Advance Directive documents or a notation that none exist.
- The record is legible to the reviewer or someone other than the writer.
- Medication allergies, adverse reactions, or "no known allergies" is prominently noted in the record. Location is consistent throughout patient charts.
- A current medication list including drug name, dosage, frequency and duration, initial prescription and refill dates. Medication list is updated each visit.
- Injections are documented and include drug name, dosage, route, and site as well as the NDC number.
- Notation is made in record when sample drugs are provided.
- A current problem list notes significant illnesses and medical conditions.
- Immunization records are current, or a note indicates up-to-date immunizations.
- Past medical and social history is present and identifies serious accidents, surgeries, illnesses, and important family information. Personal health history includes complete medical and Behavioral Health history.
- For Members twenty (20) years old or younger, past medical history includes prenatal care, birth, operations, and childhood illnesses.
- For Members eleven (11) years and older (or younger if appropriate) who have been seen three (3) or more times, the use of cigarettes, alcohol, and any substance abuse is noted. Documentation of family/household tobacco history is also noted.
- Pertinent history and physical exam is documented for visits, including reason for visit, history and description of presenting problems, including precipitating factors, mental status evaluation, physical status evaluation if appropriate, psychosocial history including an appropriate developmental history for children and adolescents, risk assessment of severity and possibility of potential harm to self or others accompanied by a Referral to a level of care which is appropriate to the level of risk, and appropriate diagnostic tests.
- Notes indicate all services provided by Practitioner, all Referrals for diagnostic or therapeutic services, services and tests ordered, follow-up care plans including dates of subsequent appointments, and when applicable, a completed discharge plan.
- Lab and other studies ordered as appropriate for diagnosis.
- Preventive and screening services are offered consistent with national and GlobalHealth practice guidelines.
- Diagnosis noted in the medical record is consistent with symptoms and physical exam or other diagnostic findings.
- Evidence of patient teaching as appropriate.

- Treatment plan is consistent with diagnoses and includes measurable objectives, estimated time frames, and prevention efforts, community resources utilization, and current caregivers contacted or involved in treatment (if no caregiver is involved, so stated in the record).
- Follow-up plans and dates for return visits are clearly documented.
- Unresolved problems are addressed in subsequent visits.
- Consultations, ancillary services, lab, and imaging study reports are initialed by the Practitioner.
- If hospitalized, the record includes an admit report, operative report (if applicable) and discharge summary.
- Working diagnoses are consistent with findings and appropriate diagnoses are documented.
- There is evidence of continuity and coordination of care between primary and specialty Practitioners including Behavioral Health Practitioners.
- Phone calls to and from patient are documented, including phone calls notifying the patient of diagnostic test results or related to prescription refills.
- Requests for prescription refills are documented to include the pharmacy name, medication name, dosage, administration directions, and number of refills allowed. Encourage use of technology, like telehealth, as determined appropriate.

GlobalHealth Plan Ratings and Accreditation

As part of our commitment to Quality, GlobalHealth participates in nationally recognized Plan evaluation programs.

Medicare Advantage Plan Ratings (Star Ratings)

CMS (The Centers for Medicare and Medicaid Services) created the 5-Star Quality Rating System for Medicare Advantage (MA) beneficiaries and their families to be able to compare quality among MA Plans more easily.

CMS uses a Star Rating System to measure how well Medicare Advantage plans perform. CMS scores how well Plans perform in certain categories, including quality of care and customer service. Ratings range from 1 to 5 stars, with 5 being the highest and 1 being the lowest.

The **Overall Star Rating** combines scores for the types of services each Health Plan offers: For Health Plans covering health and drug services, the overall score for quality of those services covers many different topics that fall into the following categories:

- **Staying healthy:** screenings, tests, and vaccines. Includes whether Members got various screening tests, vaccines, and other check-ups that help them stay healthy.
- **Managing chronic (long-term) conditions:** Includes how often Members with different conditions got certain tests and treatments that help them manage their condition.
- **Member experience with the Health Plan:** Includes ratings of Member satisfaction with the Health Plan.
- **Member complaints and changes in the Health Plan's performance:** Includes how often Medicare found problems with the Health Plan and how often Members had problems with the Health Plan. Includes how much the Health Plan's performance has improved (if at all) over time.
- Health Plan customer service: Includes how well the Health Plan handles Member Appeals.
- Drug Plan customer service: Includes how well the Health Plan handles Member Appeals.

- **Member complaints and changes in the drug Plan's performance:** Includes how often Medicare found problems with the Health Plan and how often Members had problems with the Plan. Includes how much the Health Plan's performance has improved (if at all) over time.
- **Member experience with Plan's drug services:** Includes ratings of Member satisfaction with the Health Plan.
- **Drug safety and accuracy of drug pricing:** Includes how accurate the Health Plan's pricing information is and how often Members with certain medical conditions are prescribed drugs in a way that is safer and clinically recommended for their condition.

Commercial Plans Accreditation

GlobalHealth demonstrates its commitment to high quality value-based services by undergoing a standardized, comprehensive evaluation of clinical measures and consumer experience conducted by the National Committee for Quality Assurance (NCQA) every three years. GlobalHealth was last accredited in 2018. The accreditation covers all non-Medicare Advantage Plans, including State and Federal Employee Plans. The assessment measures several areas of performance:

- **Staying healthy:** Health Plan activities that help Members maintain good health and avoid illness; provider doctors with guidelines about appropriate preventive services and if Members receive appropriate tests and screenings.
- **Getting Better:** Health Plan activities that help people recover from illness: How does the Health Plan evaluate new medical procedures, drugs and devices to ensure that patients have access to the most up-to-date care?
- Living with Illness: Health Plan activities that help people manage chronic illness: Does the Health Plan have programs in place to help patients manage Chronic Conditions?
- Qualified Providers: Health Plan efforts to ensure that each doctor is licensed and trained to practice medicine and that health Plan Members are happy with their doctors. The accreditation standards look at the Health Plan's:
 - Quality and Improvement Management
 - Utilization Management
 - Credentialing
 - Member's rights and responsibilities
 - Member Connections
 - HEDIS and CAHPS survey results

Federal Employees Health Benefit (FEHB) Plan Performance Assessment

In addition to the NCQA accreditation, the Federal Office of Personal Management performs an annual assessment of the FEHB Plan, which evaluates the following areas:

- Clinical Quality
 - Members' use of preventive care and Behavioral Health services (HEDIS®)
 - Members' adherence to medications (HEDIS®)
 - Chronic Disease Management services
- Customer Services
 - Communication with Members (materials, etc.)
 - Access to services
 - Members' experience and engagement (CAHPS® Surveys)
- Resource use

- How well we manage utilization of services (over and underutilization, medical necessity)
- Contract Oversight
 - Compliance with Contract
 - Responsiveness to OPM
 - Technology Management and Data Security

Credentialing/Re-Credentialing Primary Care and Specialist Physician Credentialing Criteria

GlobalHealth (including its delegated entity/entities, if applicable) does not discriminate in the selection of Providers based on race, religion, age, ethnicity, or gender factors.

Credentialing Requirements:

- Submit a complete standardized application or a completed Council for Affordable Quality Healthcare (CAQH) with original signature (no signature stamps).
- Current unrestricted State license.
- Graduation from a school of medicine or osteopathy that is accredited by the Liaison Committee on Medical Education and completion of residency. Graduates of foreign medical schools must be certified by the Educational Commission for Foreign Medical Graduates (ECFMG certificate). For other Practitioners, graduation from an appropriate accredited professional school and/or completion of a formal training program.
- A current DEA certificate and Controlled Dangerous Substance certificate, if applicable.
- Board certification or Board eligibility.
- Evidence of Medicare certification.
- Current and unrestricted admitting privileges in good standing at a GlobalHealth contracted Hospital.
- Demonstration of current professional liability insurance minimum requirements, unless otherwise agreed to.
- Absence of history of involvement in malpractice suit, arbitration, or settlement; or in the case of an applicant with such history, evidence that the history does not demonstrate probable future substandard professional performance.
- Absence of history of denial, suspension, restriction, or termination of Hospital privileges; or in the case of an applicant with such history, evidence that this history does not currently affect applicant's ability to perform professional duties for which the applicant contracted or does not demonstrate probable future substandard performance.
- Absence of a history of disciplinary actions affecting applicant's professional license, DEA or other required certifications; or, for applicants with such history, evidence that this history does not currently affect applicant's ability to perform professional duties for which the applicant contracted or does not demonstrate probable future substandard performance.
- Absence of history of felony convictions; or for an applicant with such history, evidence that the nature of the conviction does not affect applicant's current ability to perform the professional duties for which applicant contracted or does not demonstrate probable future substandard care.
- Absence of history of exclusions or sanctions by regulatory agencies, including Medicare/Medicaid sanctions; or for an applicant with such history, evidence that applicant is not currently sanctioned or prevented by a regulatory agency from participating in any federal or state sponsored programs.
- Absence of chemical dependency/substance misuse; or for those applicants who have such history, evidence that the applicant is participating in, or has completed, a prescribed, monitored treatment program and that no current chemical dependency or substance misuse

exists that would affect applicant's ability to adequately perform the professional duties for which applicant is contracted.

- Absence of physical or mental condition that would impair the ability to competently and safely perform the professional duties for which the applicant is seeking.
- Evidence of the capability to provide twenty-four (24) hour, seven (7) days per week coverage.
- Work history for at least the past five years.
- Cooperation with office surveys, which may include a structured review of the office site and evaluation of the medical recordkeeping system and practices.

Non-Physician Practitioner Criteria

To be credentialed as a non-physician practitioner, the applicant must be licensed as a Nurse Practitioner (NP), Clinical Nurse Specialist (CNS) or Physician's Assistant (PA) and provide the following:

- 1. Submit a complete standardized application or a completed Council for Affordable Quality Healthcare (CAQH) with original signature (no signature stamps).
- 2. Current unrestricted State license.
- 3. Graduation from an appropriate accredited professional school and/or completion of a formal training program.
- 4. Evidence of Medicare certification.
- 5. Demonstration of current professional liability insurance minimum requirements, unless otherwise agreed to.
- 6. Absence of history of involvement in malpractice suit, arbitration, or settlement; or in the case of an applicant with such history, evidence that the history does not demonstrate probable future substandard professional performance.
- 7. Absence of a history of disciplinary actions affecting applicant's professional license, or other required certifications; or, for applicants with such history, evidence that this history does not currently affect applicant's ability to perform professional duties for which the applicant contracted or does not demonstrate probable future sub-standard performance.
- 8. Absence of history of felony convictions; or for an applicant with such history, evidence that the nature of the conviction does not affect applicant's current ability to perform the professional duties for which applicant contracted or does not demonstrate probable future substandard care.
- 9. Absence of history of exclusions or sanctions by regulatory agencies, including Medicare/Medicaid sanctions; or for an applicant with such history, evidence that applicant is not currently sanctioned or prevented by a regulatory agency from participating in any federal or state sponsored programs.
- 10. Absence of chemical dependency/substance misuse; or for those applicants who have such history, evidence that the applicant is participating in, or has completed, a prescribed, monitored treatment program and that no current chemical dependency or substance abuse exists that would affect applicant's ability to adequately perform the professional duties for which applicant is contracted.
- 11. Absence of physical or mental condition that would impair the ability to competently and safely perform the professional duties for which an applicant is seeking.
- 12. Evidence of the capability to provide twenty-four (24) hour, seven (7) days per week coverage, if applicable.
- 13. Work history for at least the past five years.

Hospitals and Facility Credentialing Criteria

To be credentialed as a Hospital or Facility within the GlobalHealth Network, the entity must be licensed in good standing with state and federal regulatory bodies. Additionally, the entity must be accredited by an approved accrediting body such as The Joint Commission (TJC) or equivalent. If the entity is not accredited, GlobalHealth will conduct an on-site review to ensure the entity meets quality standards established by TJC and GlobalHealth. GlobalHealth will confirm the entity continues to be licensed and in good standing with state and federal bodies at least once every thirty-six (36) months.

Hospital and Facility Providers must provide the following:

- 1. Submit a completed GlobalHealth "Ancillary & Facility Application" along with the necessary attachments.
- 2. Evidence of Medicare certification.
- 3. Copy of current accreditation approval letter (e.g., TJC).
- 4. If an organization is not accredited, the entity must provide current copies of its DEA certification, CLIA/CAP certification, and any other relevant certifications held by the organization.
- 5. If an organization is not accredited, GlobalHealth will conduct an on-site review. Any deficiencies identified during the on-site visit are communicated to the entity with a request for corrective action plan within GlobalHealth's requested timeframe. Failure to timely correct deficiencies may result in a determination not to credential the organization. (Survey results provided by a regulatory agency may be accepted in place of a site visit at GlobalHealth's sole discretion.)
- 6. Entities that are not accredited must also have an acceptable malpractice claims history as approved by GlobalHealth. The entity must provide the number and facts of each legal action brought against it in the three (3) years prior to the application and the resolution of such action (e.g., withdrawn, dismissed, judgment, or settlement), including the amounts of settlements and judgments.
- 7. The entity must submit a copy of its Quality Assurance/Quality Improvement (QA/QI) and Risk Management Plans and a copy of its medical staff roster.

Re-credentialing

To remain in the GlobalHealth Network, all Providers must be re-credentialed, at a minimum, every thirty-six (36) months.

Credentialing/Re-credentialing Appeal Process

GlobalHealth will:

- Provide written notification when a professional review action has been brought against a Practitioner, reasons for the action, and a summary of the Appeal rights and process.
- Allow Practitioners to request a hearing and provide the specific time period for submitting the request.
- Allow at least thirty (30) calendar days after the notification for Practitioners to request a hearing.
- Allow Practitioners to be represented by an attorney or another person of their choice.

- Appoint a hearing officer or a panel of individuals appointed by GlobalHealth to review the Appeal. This panel will include, at a minimum, the GlobalHealth Medical Director, or designated MD or equal Practitioners, and one Network Practitioner to participate in the Appeal.
- Provide written notification of the Appeal decision that contains the specific reason for the decision within ten (10) business days.
- Follow all applicable state law requirements.

Member Rights and Responsibilities

As a partner with GlobalHealth, you should be aware of our Member Rights and Responsibilities.

Our Members have the right to:

- Receive information about GlobalHealth, its services, Practitioners and Providers, and Member rights and responsibilities.
- Be treated with respect and recognition of his/her dignity and right to privacy.
- Ask questions about any medical advice or prescribed treatment in order to make an informed consent or refuse a course of treatment.
- A candid discussion of all appropriate, Medically Necessary treatment options that are recommended, regardless of the cost or benefit coverage.
- To participate in decisions regarding medical care, to completely understand his/her medical condition, health status, and the medications prescribed (including why the medication is being prescribed, how to take it properly, and possible side effects).
- Voice complaints or Grievances about GlobalHealth or the care the Member received without discrimination, retaliation, or adverse effect.
- Appeal any unfavorable medical or administrative decisions by following GlobalHealth's established Appeals and Grievances procedures. Members have the right to an external or expedited review of an Adverse Determination when applicable.
- Timely access to his/her PCP and Referrals to specialists when Medically Necessary or urgent.
- Use Emergency Services when the Member, acting as a Prudent Layperson, has a reasonable belief that an Emergency Medical Condition exists.
- Confidential treatment of individual identifiable or protected health information as required by federal and state laws.
- Receive explanations of benefits and claims processing determinations.
- Expect problems to be fairly examined and appropriately addressed.
- Exercise Member rights regardless of race, national origin, gender, sexual orientation, marital status, or cultural, economic, educational, or religious background.

Our Members have the responsibility to:

- Identify himself/herself as a GlobalHealth Member by presenting a Member ID card to the Provider of services.
- Provide, to the extent possible, information and medical records needed by the Provider in order to render appropriate care.
- Do their part to improve their own health condition by following treatment plans and instructions.
- Be on time for appointments and notify the Provider in advance as possible if the Member needs to cancel or reschedule an appointment.
- Notify their PCP as soon as possible, if hospitalized or if emergency or Out-of-network Urgent Care was received.
- Pay all required Copayments.

Regulations

GlobalHealth takes all reasonable steps and uses best efforts to comply with applicable laws and regulations. The regulations include, but are not limited to:

- The Health Information Technology for Economic and Clinical Health (HITECH)
- The False Claims Act and Fraud Enforcement Recovery Act
- Fraud, Waste and Abuse
- The Health Insurance Portability and Accountability Act of 1996 (HIPAA)
- The Physician Self-Referral Law (Stark Law)
- The Medicare Improvements for Patients and Providers Act (MIPPA)
- Anti-Kickback Statute

As a contracted Provider in the GlobalHealth Network, you are also expected to comply with these laws and regulations.

Women's Health and Cancer Rights Act

Women who have had or are going to have a mastectomy may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). Coverage will be provided in a manner professionally determined for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same Deductibles, Copayments, and Coinsurance applicable to other medical and surgical benefits provided under the Member's Plan.

The Health Information Technology for Economic and Clinical Health (HITECH)

The Health Information Technology for Economic and Clinical Health (HITECH) Act was signed into law to promote the adoption and meaningful use of health information technology.

The False Claims Act and Fraud Enforcement Recovery Act

The Federal False Claims Act was enacted by Congress as an effective tool in combating Fraud against the federal government. It allows a private individual or "whistleblower", who has knowledge of Fraud of the federal government, to file a lawsuit on behalf of the government resulting in stiff penalties and damages.

Fraud, Waste and Abuse

GlobalHealth is committed to an effective Fraud, Waste, and Abuse (FWA) Program to detect, correct, and prevent FWA.

Fraud is knowingly and willfully carrying out, or attempting to carry out, a plan or scheme to defraud a healthcare benefit program, or to obtain, by means of a lie or false pretenses, a benefit for which the individual is not entitled.

Abuse includes requesting payment for items and services when there is no entitlement for payment of those items or services. Unlike Fraud, the individual or entity has not knowingly or intentionally misrepresented facts to obtain payment.

Examples of potential FWA include, but are not limited to:

- Submission of false or fraudulent claims by a Provider.
- Submission of claims for services that are not Medically Necessary.
- Submission of claims for services that are not properly documented.
- Failure to provide Medically Necessary services to a Member which adversely affects the Member.
- Payments made for excluded drugs or drugs that were not for medically accepted indications.
- Multiple billings for the same services.
- Altered or forged documentation.
- Billing or charging for services that GlobalHealth covers (other than Copayments).
- Offering gifts or money to for treatment or services that are not needed.
- Offering free services, equipment, or supplies in exchange for using a GlobalHealth Member ID number.
- Member selling or lending their Member ID card to someone else.
- Members lying to a Healthcare Provider to receive goods or services that are not medically necessary.

GlobalHealth will promptly investigate any reported potential violations of federal or state laws, regulations or other policies. Reports of actual or potential FWA should be reported to the GlobalHealth Compliance Officer at the toll-free reporting line at 1-877-280-5852.

Education on FWA is available on the GlobalHealth website. Additionally, the GlobalHealth Compliance Officer will provide FWA and other compliance-related training to Providers upon request.

GlobalHealth reserves the right to audit paid claims in order to determine payment accuracy and as part of its program to detect FWA. Such audits may be conducted at random or selected based on data analysis. Certain claims present higher risk for payment errors and may be subject to pre- or post-payment audits.

Such claims include, but are not limited to:

- Inpatient short stays
- Outpatient observation greater than twenty-four (24) hours
- Inpatient high-severity DRG
- Readmissions within thirty (30) days
- High dollar claims
- Multiple units billed
- Targeted areas identified by the Office of the Inspector General (OIG), the Centers for Medicare and Medicaid Services (CMS) or other entity as being high risk for error

Reporting Fraud and Abuse

GlobalHealth is committed to detecting and preventing healthcare Fraud and abuse. You can help in this effort by reporting suspected Fraud and/or abuse by calling our 24-hour hotline toll-free at 1-877-280-5852. If you call this number, please provide as much detailed information as possible. You may remain anonymous if you choose.

GlobalHealth's Fraud, Waste, and Abuse, Compliance, and Privacy	Hotline:
Call and leave message twenty-four (24) hours.	
405-280-5852 (local)	
1-877-280-5852 (toll-free)	
compliance@globalhealth.com	

HIPAA/Protected Health Information (PHI)

The HIPAA Privacy Rule provides protections for individually identifiable health information held by covered entities and their business associates and gives patients an array of rights with respect to that information. The Privacy Rule is balanced as it permits the disclosure of health information needed for patient care and other important purposes.

Members' identifiable health information is protected by federal and state laws. Members have the right to access or restrict the release of their PHI in accordance with federal and state laws. They may also request an accounting of disclosures of your PHI.

Medical records and/or information may be collected and used for:

- Clinical review.
- Satisfaction and quality studies.
- Complaint and/or Appeal investigation.
- Fraud detection.
- State, federal, or accreditation reviews.
- Other matters as required by law.

To report a possible privacy violation or breach, please contact the GlobalHealth Compliance and Privacy Officer at (405) 280-5524 (direct phone) or 1-877-280-5852 (recorded hotline), email privacy@globalhealth.com, or write to:

ATTN: Privacy Officer GlobalHealth, Inc. 210 Park Avenue, Suite 2800 Oklahoma City, OK 73102-5621

Personally Identifiable Information (PII)

PII is information that can be used to distinguish or trace an individual's identity. It may be information used alone. It may be combined with other information that may be linked to a specific individual. It is protected by federal and state laws.

As a GlobalHealth Provider, anyone who receives information that you are required to provide may use the information only for the purposes of, and to the extent necessary in, ensuring the efficient operation of the Member's health coverage. GlobalHealth may receive the information directly, from another person, or from a federal agency. GlobalHealth will not share PII with anyone else except to carry out the functions of providing a Member's health coverage and for which the Member has provided consent for the information to be used or disclosed.

Notice of Privacy Practices (NPP)

THIS NOTICE DESCRIBES HOW YOUR PROTECTED HEALTH INFORMATION (PHI) MAY BE USED AND/OR DISCLOSED. PLEASE REVIEW IT CAREFULLY.

GlobalHealth, Inc. (GlobalHealth) is committed to protecting the privacy and confidentiality of our Members' Protected Health Information (PHI) in compliance with applicable federal and state laws and regulations, including the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and the Health Information Technology for Economic and Clinical Health (HITECH) Act.

How GlobalHealth May Use or Disclose Your Health Information:

<u>For Treatment</u>. We may use and/or disclose member PHI to a healthcare Provider, Hospital, or other healthcare Facility in order to arrange for or facilitate treatment.

<u>For Payment</u>. We may use and/or disclose member PHI for purposes of paying claims from physicians, Hospitals, and other healthcare Providers for services delivered to member that are covered by Health Plan; to determine member eligibility for benefits; to coordinate benefits; to review for medical necessity; to obtain premiums; to issue explanations of benefits to the individual who subscribes to the Health Plan in which member participates; and other payment related functions.

<u>For Health Care Operations</u>. We may use and/or disclose PHI about members for Health Plan operational purposes. Some examples include: risk management, patient safety, quality improvement, internal auditing, utilization review, medical or peer review, certification, regulatory compliance, internal training, accreditation, licensing, credentialing, investigation of complaints, performance improvement, etc.

<u>Health-Related Business and Services</u>. We may use and disclose member PHI to inform of healthrelated products, benefits, or services related to member treatment, care management, or alternate treatments, therapies, Providers, or care settings.

<u>Where Permitted or Required by Law</u>. We may use and/or disclose information about members as permitted or required by law. For example, we may disclose information:

- To a regulatory agency for activities including, but not limited to, licensure, certification, accreditation, audits, investigations, inspections, and medical device reporting;
- To law enforcement upon receipt of a court order, warrant, summons, or other similar process;
- In response to a valid court order, subpoena, discovery request, or administrative order related to a lawsuit, dispute or other lawful process;
- To public health agencies or legal authorities charged with preventing or controlling disease, injury or disability;
- For health oversight activities conducted by agencies such as the Centers for Medicare and Medicaid Services (CMS), State Department of Health, Insurance Department, etc.;
- For national security purposes, such as protecting the President of the United States or the conducting of intelligence operations;
- In order to comply with laws and regulations related to Workers' Compensation;
- For coordination of insurance or Medicare benefits, if applicable;

- When necessary to prevent or lessen a serious and imminent threat to a person or the public and such disclosure is made to someone that can prevent or lessen the threat (including the target of the threat); and
- In the course of any administrative or judicial proceeding, where required by law.

<u>Business Associates</u>. We may use and/or disclose member PHI to business associates that we contract with to provide services on our behalf. Examples include consultants, accountants, lawyers, auditors, health information organizations, data storage and electronic health record vendors, etc. We will only make these disclosures if we have received satisfactory assurance that the business associate will properly safeguard your PHI.

<u>Personal/Authorized Representative</u>. We may use and/or disclose PHI to authorized representative. <u>Family, Friends, Caregivers.</u> We may disclose member PHI to a family member, caregiver, or friend who accompanies member or is involved in member's medical care or treatment, or who helps pay for member's medical care or treatment. If member is unable or unavailable to agree or object, we will use our best judgment in communicating with member's family and others.

<u>Emergencies</u>. We may use and/or disclose member PHI if necessary, in an emergency if the use or disclosure is necessary for member emergency treatment.

<u>Military / Veterans</u>. If member is a veteran of the armed forces, we may disclose member PHI as required by military command authorities.

<u>Inmates</u>. If member is an inmate of a correctional institute or under the custody of law enforcement officer, we may disclosure member's PHI to the correctional institute or law enforcement official. <u>Appointment Reminders</u>. We may use and/or disclosure member PHI to contact member as a reminder that member has an appointment for treatment or medical care. This may be done through direct mail, email, or telephone call. If member is not home, we may leave a message on an answering machine or with the person answering the telephone.

<u>Medication and Refill Reminders</u>. We may use and/or disclose member PHI to remind member to refill their prescriptions, to communicate about the generic equivalent of a drug, or to encourage member to take prescribed medications.

<u>Limited Data Set.</u> If we use member PHI to make a "limited data set," we may give that information to others for purposes of research, public health action, or health care operations. The individuals/entities that receive the limited data set are required to take reasonable steps to protect the privacy of member information.

<u>Any Other Uses</u>. We will disclose member PHI for purposes not described in this notice only with member's written authorization. Most uses and disclosures of psychotherapy notes (where appropriate), uses and disclosures of PHI for marketing or fundraising purposes, and disclosures that constitute a sale of PHI require member's written authorization.

NOTE: The information authorized for release may include records which may indicate the presence of a communicable or non-communicable disease required to be reported pursuant to State law.

Physician Self-Referral Law (Stark Law)

Physician self-referral is the practice of a physician referring a patient to a medical Facility in which he has a financial interest either directly or indirectly. CMS published the self-referral disclosure protocol (SRDP) that sets forth a process to enable Providers of services and suppliers to self-disclose actual or potential violations of the physician self-referral statute.

The Medicare Improvements for Patients and Providers Act (MIPPA)

Legislation enacted to expand access to care, enhance the quality of healthcare, and provide coverage for certain preventive services.

Anti-Kickback Statute

The Federal Anti-Kickback Statute prohibits the willful and knowing acceptance or solicitation, offer, of any remuneration, directly or indirectly, overtly or covertly, in cash or in kind regarding influencing the Referrals of the federal healthcare program business. Violators may face charges and/or penalties including being debarred from participation in federal programs.

American with Disabilities Act

Provider's offices are required to adhere to the American with Disabilities Acts (ADA) guidelines and any other applicable federal or state laws.

Special Needs

Limited English Proficiency, Vision, Hearing, or Physically Challenged

Contact Customer Care if you have a Member who requires the services of an interpreter or who has special language needs (e.g., is visually and hearing impaired or who is physically disabled). GlobalHealth offers professionally certified medical interpreters. Please have Members call the Customer Care Number on the back of their ID card.

Advance Directives

An Advance Directive is a written document that allows the Member to inform physicians and others of a Member's wishes to receive, decline, or withdraw life-sustaining medical care. It may include a living will, appointment of a health proxy, or both.

Who can have an Advance Directive?

Any individual of sound mind and eighteen (18) years of age or older can have an Advance Directive for healthcare. Publications may be ordered from DHS by calling 1-877-283-4113.

Non-Discrimination Notice

GlobalHealth, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. GlobalHealth does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

If you believe that GlobalHealth has discriminated in any way on the basis of race, color, national origin, age, disability, or sex, you can file a Grievance with: **ATTN: Director, Compliance & Legal Services, 210 Park Avenue, Suite 2800, Oklahoma City, OK 73102, Fax: (405) 280-5894, or Email:** <u>Compliance@globalhealth.com</u>. You can file a grievance in person or by mail, fax or email. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>.

Glossary

Adverse Determination – A determination that an admission, availability of care, continued stay or other healthcare service that is a covered benefit has been reviewed, and based upon the information provided, does not meet the Plan's requirements for medical necessity, appropriateness, healthcare setting, level of care or effectiveness, and the requested services or payment for the service is therefore denied, reduced, or terminated.

Allowed Amount – Maximum amount on which payment is based for covered health services. This may be called "eligible expense," "payment allowance" or "negotiated rate."

Appeal – A request for GlobalHealth to review a decision or a Grievance again.

Balance Billing – When a Provider bills for the difference between the Provider's charge and the GlobalHealth Allowed Amount. For example, if the Provider's charge is \$100 and the GlobalHealth Allowed Amount is \$70, an out of Network Provider could bill for the remaining \$30. An In-network Provider may *not* balance bill.

Behavioral Health – The scientific study of the emotions, behaviors and biology relating to a person's mental well-being, their ability to function in everyday life, their concept of self, and their possible misuse of and/or addiction to substances (illegal drugs or Prescription Drugs not being used as prescribed).

Case Management – A process to assess, plan, implement, coordinate, monitor, and evaluate options to meet a Member's healthcare needs based on the benefits and resources needed in order to promote a quality outcome.

Chronic Condition – A continuous or persistent condition over an extended amount of time which requires ongoing treatment.

Clean Claim – A claim for Medically Necessary, covered healthcare services that is timely submitted and includes all the information necessary to adjudicate the claim for payment. A Clean Claim has no defect or impropriety, includes all substantiating documents, and requires no special treatment or development prior to adjudication.

Coinsurance – A Member's share of the costs of a covered healthcare service, calculated as a percent (for example, 20%) of the Allowed Amount for the service. A Member pays the Coinsurance *plus* any Deductibles they owe. For example, if GlobalHealth's Allowed Amount for an office visit is \$100 and the Member met their Deductible, their Coinsurance payment of 20% would be \$20. GlobalHealth pays the rest of the Allowed Amount.

Copayment – A fixed amount (for example, \$15) paid for a covered healthcare service, usually when a Member receives service. The amount can vary by the type of covered healthcare service.

Cost-share – The portion of the cost for services, treatment, and supplies that a Member pays. This includes Deductibles, Copayments, and Coinsurance.

Covered Services – Medically Necessary services or supplies provided under the terms of the applicable Member Handbook, Schedule of Benefit, FEHB Brochure, or Evidence of Coverage materials.

Deductible – The amount a Member owed for covered healthcare services that GlobalHealth covers before GlobalHealth begins to pay. For example, if the Deductible is \$1,000, the Member is responsible for covered healthcare services subject to the Deductible. The Deductible may not apply to all services. Not all GlobalHealth Plans have a Deductible.

Dependent – Any spouse or child up to the age of twenty-six (26) (including stepchildren, foster children, and adopted children from the date placed in the home) of the Subscriber. GlobalHealth covers Dependents when they meet eligibility and Premium requirements.

Durable Medical Equipment (DME) – Equipment and supplies ordered by a healthcare Provider for everyday or extended use. Coverage for DME may include: Oxygen equipment, wheelchairs, or crutches.

Emergency Medical Condition – The sudden and, at the time, unexpected onset of a health condition or illness that requires immediate medical attention, where failure to provide medical attention would result in a serious impairment to bodily functions, serious dysfunction of a bodily organ or part, or would place the person's health in serious jeopardy.

Emergency Room Care – Emergency Services received in an emergency room.

Emergency Services – Evaluation of an Emergency Medical Condition and provision of necessary treatment to stabilize or keep the condition from getting worse.

External Review – An Appeal process through which you may have a denied claim reviewed by an external, independent reviewer.

Facility – Any building in which healthcare services are delivered.

Fraud – The intentional deception by a Member or a Provider to provide false information to GlobalHealth, or the intentional misuse of a Member ID card.

Grievance – A complaint that is communicated to GlobalHealth.

Health Plan – A health insurance company that provides a benefits Plan.

High Impact Specialists – Specialists who treat special, specific conditions that have serious consequences for the Member and require significant resources.

High Volume Specialists – Specialists who treat a significant portion of the organization's membership.

Home Healthcare – Medically Necessary healthcare services a person receives in his or her home, including Skilled Nursing Care and/or Skilled Rehabilitation Services.

Hospital – A medical Facility primarily and continuously engaged in providing and operating for the medical care and treatment of sick or injured persons on which a charge is made. GlobalHealth contracts with Hospitals licensed by the State of Oklahoma.

Hospitalization – Care in a Hospital that requires admission as an Inpatient and usually requires an overnight stay.

Hospital Outpatient Care – Care in a Hospital that usually doesn't require an overnight stay. In certain situations, a patient may require overnight observation as an Outpatient.

Hospital Services – Medically Necessary services provided by a Hospital. The services may be provided on an Inpatient or Outpatient basis. They are prescribed, directed, or authorized by the Member's physician.

Independent Review Organization (IRO) – An entity that conducts independent External Reviews of Adverse Determinations and final Adverse Determinations, for Out-of-network Providers or if the Provider has appealed on behalf of the Member.

Infertility – The inability to conceive a pregnancy or to carry a pregnancy to live birth after a year or more of regular sexual relations without contraception and the presence of a demonstrated condition recognized by a licensed physician, who is a Network Provider, as a cause of Infertility.

In-network – A healthcare Provider or Facility that has a Contract with GlobalHealth to provide services for Members. In-network Providers can be found in the *Physician and Health Providers Directory* or on our website Provider Search. Also see Network.

Inpatient – Patient who is admitted to and is assigned a bed in a healthcare Facility while undergoing diagnosis and receiving treatment and care.

Life-threatening Disease or Condition – Any disease or condition from which the likelihood of death is probable unless the course of the disease is interrupted.

Medical Group – Any group of licensed Doctor of Medicine or osteopathy. A Contracting Medical Group is a Medical Group that has entered into a written agreement with GlobalHealth to provide health care services to GlobalHealth Members.

Medical Services – The Medically Necessary professional services delivered by physician, surgeon, or paramedical personnel. Medical Services must be directed by the PCP or specialty physician and authorized by your PCP unless specified otherwise.

Medically Necessary – Healthcare services or supplies needed to prevent, diagnose, or treat an illness, injury, disease, or its symptoms and that meet generally accepted standards of medicine.

Member – Any eligible Subscriber or Dependent of Subscriber.

Network – The Facilities and Providers that GlobalHealth has contracted with to provide healthcare services to its Members. These Facilities and Providers are referred to as In-network.

Non-Physician Practitioner – Nurse Practitioner, clinical nurse specialist, and Physician Assistants are health care providers who practice either in collaboration with or under the supervision of physician.

Out-of-network – A healthcare Provider not contracted with GlobalHealth to provide services to Members.

Out-of-pocket Maximum – The most a Member pays during a Plan period (usually a year) before GlobalHealth begins to pay 100% of the Allowed Amount. This limit never includes the Premium, balance-billed charges, or healthcare costs that GlobalHealth doesn't cover.

Outpatient – Patient who is undergoing diagnosis and receiving treatment and care but is not admitted to or assigned a bed in a healthcare Facility.

Physician Services – Healthcare services a licensed medical physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine) provides or coordinates.

Plan – A policy, Contract, certificate, or agreement offered or issued by a health carrier to provide, deliver, arrange for, pay for, or reimburse any of the costs of healthcare services.

Practitioner – A professional who provides healthcare services. Practitioners are licensed as required by law.

Preauthorization – A decision by GlobalHealth that a healthcare service, treatment plan, Prescription Drug or Durable Medical Equipment is Medically Necessary. This is sometimes called prior authorization, prior approval, or precertification. GlobalHealth may require Preauthorization for certain services before a Member receives them, except in an emergency. Preauthorization is not a guarantee of payment.

Prescription Drugs – Drugs and medications that by law require a prescription.

Primary Care Physician (PCP) – A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine) who directly provides or coordinates a range of healthcare services for a patient.

Provider - A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine), healthcare professional, or healthcare Facility licensed, certified, or accredited as required by state law. It may also refer to an institution or organization that provides services for Health Plan Members (such as Hospitals and home health agencies).

Prudent Layperson – A person without medical training who reasonably draws on practical experience when making a decision regarding whether Emergency Services are needed. A person, who has an average knowledge of health and medicine, could reasonably expect the absence of

immediate medical attention to result in (a) placing the health of the individual in serious jeopardy; (b) serious impairment of bodily functions; or (c) serious dysfunction of any bodily organ or part.

Quality Improvement Programs – Programs and services aimed at improving member health through education, focusing on primary and secondary prevention, as well as disease management.

Referral - An electronic or written communication submitted to us by a Member's PCP or specialist who directs a Member to a specialist, Hospital, or other ancillary Provider for Covered Services. GlobalHealth reviews each Referral and sends the Member a letter authorizing the service, if approved.

Rehabilitation Services – Healthcare services that help a person keep, get back, or improve skills and functioning for daily living that have been lost or impaired because a person was sick, hurt, or disabled. These services may include physical and occupational therapy, speech-language pathology, and psychiatric Rehabilitation Services in a variety of Inpatient and/or Outpatient settings.

Service Area – A geographical area within which GlobalHealth arranges for basic medical, Hospital, and supplemental healthcare services.

Skilled Nursing Care – Services provided in the home by or under the direction of a registered nurse.

Skilled Rehabilitation Services – Services provided in the home by licensed therapists (e.g., physical, occupational, speech).

Skilled Nursing Facility – A Facility or Hospital unit primarily engaged in providing, in addition to room and board accommodations, twenty-four (24) hour Skilled Nursing Care under the supervision of a licensed physician. GlobalHealth contracts with Skilled Facilities that are certified under Title XVIII of the Social Security Act (Medicare certified).

Specialty Care Physician (SCP) – A physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions.

Subscriber – A person meeting the eligibility requirements of the *Group Agreement* based on employment or association rules of the group, and for whom the appropriate Health Plan Premium has been received by GlobalHealth.

Urgent Care – Care for an illness, injury, or condition serious enough that a reasonable person would seek care right away, but not so severe as to require Emergency Room Care.

Usual and Customary – The amount paid for a Medical Service in a geographic area based on what Providers in the area usually charge for the same or similar Medical Service. The UCR amount may be used to determine the Allowed Amount.

Utilization Management (UM) – A process for monitoring the use, delivery, and cost-effectiveness of services. A review of health care services to ensure that they are medical necessary, provided in the most appropriate care setting and at or above quality standards.



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www.GlobalHealth.com

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