Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-834) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at https://globalhealth.com/media/f4xneqyi/2021-final-brochure.pdf, and view the Glossary at https://globalhealth.com/media/fayneqyi/2021-final-brochure.pdf, and view the Glossary at https://globalhe

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	This <u>plan</u> does not have a <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000/Self Only \$7,000/Self Plus \$7,000/Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and healthcare this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.GlobalHealth.com or call 1-877-280-2989 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay			
	Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		Primary care visit to treat an injury or illness	No charge	Not covered	None	
If you visit a he care <u>provider's</u> or clinic		Specialist visit Chiropractic care	\$35 <u>copayment</u> /visit \$20 <u>copayment</u> /visit	Not covered	Except for obstetrician/gynecologist, <u>referral</u> and <u>preauthorization</u> required. Otherwise, you will have to pay the entire cost of the services. Chiropractic services are limited to 20 visits per calendar year.	
		Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
		Diagnostic test (x-ray, blood work)	No charge	Not covered	None	
If you have a te	est	Imaging (CT/PET scans, MRIs)	Preferred facility: \$250 copayment/scan Non-preferred facility: \$500 copayment/scan	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Importar Information	
	Generic drugs (Tier 1)	30-day supply: \$4 copayment/prescription, low-cost generic \$12 copayment/prescription, preferred generic 90-day supply: \$8 copayment/prescription, low-cost generic \$24 copayment/prescription, preferred generic	Not covered	A 30-day supply is filled through retail. A 90-day supply may be filled through retail or by mail order.	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs (Tier 2)	30-day supply: \$50 <u>copayment</u> /prescription 90-day supply: \$125 <u>copayment</u> /prescription	Not covered	Preauthorization and some restrictions may apply. Otherwise, you will have to pay the entire cost of the services. A 30-day supply is filled through retail. A 90-day supply may be filled through retail or by mail order.	
prescription drug coverage is available at www.GlobalHealth.com	Non-formulary drugs (Tier 3)	30-day supply: \$80 copayment/prescription 90-day supply: \$240 copayment/prescription	Not covered	Preauthorization and some restrictions may apply. Otherwise, you will have to pay the entire cost of the services. A 30-day supply is filled through retail. A 90-day supply may be filled through retail or by mail order.	
	Specialty drugs (Tier 4 – Preferred specialty)	10% <u>coinsurance</u> up to \$150 <u>copayment</u>	Not covered	Oral chemotherapy drugs – 10% <u>coinsurance</u> up to \$100 <u>copayment</u> . <u>Preauthorization</u> and some restrictions may apply. Otherwise, you will have to pay the entire cost of the services. Retail is a 30-day supply.	
	Specialty drugs (Tier 5 – Non- preferred specialty)	10% <u>coinsurance</u> up to \$250 <u>copayment</u>	Not covered	Oral chemotherapy drugs – 10% <u>coinsurance</u> up to \$100 <u>copayment</u> . <u>Preauthorization</u> and some restrictions may apply. Otherwise, you will have to pay the entire cost of the services. Retail is a 30-day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Preferred facility: \$250 copayment/visit	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		Non-preferred facility: \$750 copayment/visit			
	Physician/surgeon fees	No charge	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services. Included in facility fee.	
If you need immediate	Emergency room care	\$250 <u>copayment</u> /visit	\$250 <u>copayment</u> /visit.	Emergency room <u>copayment</u> waived if admitted to the hospital.	
If you need immediate medical attention	Emergency medical transportation	\$50 copayment/occurrence	\$50 copayment/occurrence.	Limited to services within the United States.	
	Urgent care	\$25 <u>copayment</u> /visit	\$25 copayment/visit.	Limited to services within the United States.	
If you have a hospital	Facility fee (e.g., hospital room)	\$250 <u>copayment</u> /day up to \$750 <u>copayment</u> /admission	Not covered	Referral and preauthorization required, except for emergency care. Otherwise, you will have to pay the entire cost of the services.	
stay	Physician/surgeon fees	No charge	Not covered	Referral and preauthorization required, except for emergency care or childbirth. Otherwise, you will have to pay the entire cost of the services. Included in facility fee.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit: No charge Intensive outpatient program: No charge Partial hospitalization in facility: \$200 copayment/admission	Not covered	Other than office visits, <u>referral</u> and <u>preauthorization</u> required. Otherwise, you will have to pay the entire cost of the services.	
ususe services	Inpatient services	\$250 <u>copayment</u> /day up to \$750 <u>copayment</u> /admission	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	
If you are pregnant	Office visits	Prenatal and postnatal care: No charge	Not covered	None	
, ,	Childbirth/delivery professional services	No charge	Not covered	None	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Childbirth/delivery facility services	\$250 <u>copayment</u> /admission	Not covered	None	
	Home health care	No charge	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	
	Rehabilitation services	Inpatient: No charge. Outpatient: \$20 copayment/visit	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services. 60 visit limit per plan year.	
If you need help recovering or have	Habilitation services	Outpatient: \$20 copayment/visit	Not covered	60 visit limit per <u>plan</u> year.	
other special health needs	Skilled nursing care	\$250 <u>copayment</u> /admission	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	
	Durable medical equipment	20% coinsurance	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	
	Hospice services	No charge	Not covered	Referral and preauthorization required. Otherwise, you will have to pay the entire cost of the services.	
	Children's eye exam	\$40 copayment/visit	Not covered	One exam limit per plan year.	
If your child needs dental or eye care	Children's glasses	No charge	Not covered	Limited to one pair of basic frames and lenses or first set of contact lenses following cataract surgery.	
	Children's dental check-up	Not covered	Not covered	No coverage.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Acupuncture

- Long-term care

Private-duty nursing

Dental care (Adult)

Cosmetic surgery

- Non-emergency care when traveling outside the U.S.
- Weight loss programs

Other Covered Services (Limitations m	nay apply to these services	This isn't a complete list. Please see	your FEHB Plan brochure.)

Bariatric surgery

Hearing aids

Routine eye care (Adult)

Chiropractic care

Infertility treatment

Routine foot care (Covered for diabetics only.)

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-877-280-2989 or visit www.opm.gov/healthcare-insurance/healthcare/. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: GlobalHealth Customer Care at 1-877-280-2989 or visit www.GlobalHealth.com.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-280-2989 (TTY: 711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

\$35

\$0

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible

\$0

Specialist copayment

\$35

Hospital (facility) copayment \$250 per day

\$500 per stay

Other <u>copayment</u>

\$0

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

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Cost Sharing				
<u>Deductibles</u>	\$0			
Copayments	\$250			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions \$60				
The total Peg would pay is	\$310			

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ Specialist copayment

Hospital (facility) copayment \$250 per day \$500 per stay

Other copayment

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

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Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$720
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$780

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible

Specialist copayment \$35

Hospital (facility) <u>copayment</u> \$250 per day \$500 per stay

Other coinsurance

20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$240		
Coinsurance	\$10		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$250		