Generations Valor (HMO)

ANNUAL NOTICE OF CHANGE

January 1-December 31, 2026

GlobalHealth is an HMO plan with Medicare and Oklahoma Medicaid program contracts. Enrollment in GlobalHealth depends on contract renewal.

1-844-280-5555 (toll-free) 8 am to 8 pm, 7 days a week, (October 1 – March 31), and 8 am to 8 pm, Monday – Friday, (April 1 – September 30) www.globalhealth.com



Generations Valor (HMO) offered by GlobalHealth, Inc.

Annual Notice of Change for 2026

You're enrolled as a member of Generations Valor (HMO).

This material describes changes to your plan's costs and benefits next year.

- You have from October 15 December 7 to make changes to your Medicare Coverage for next year. If you don't join another plan by December 7, 2025, you'll stay in Generations Valor (HMO).
- To change to a **different plan**, visit <u>www.Medicare.gov</u> or review the list in the back of your *Medicare & You 2026* handbook.
- Note this is only a summary of changes. More information about costs, benefits, and
 rules is in the *Evidence of Coverage*. Get a copy at www.globalhealth.com or call Customer
 Care at 1-844-280-5555 (toll-free) (TTY users call 711) to geta copy by mail.

More Resources

- Language assistance services and auxiliary aids and services are available free of charge to provide information in accessible formats. Refer to *Notice of Availability* of language assistance services and auxiliary aids and services attached..
- Call Customer Care at 1-844-280-5555 (toll-free) (TTY users call 711) for additional information. Hours are 8 am to 8 pm, 7 days a week, (October 1 March 31), and 8 am to 8 pm, Monday Friday, (April 1 September 30). This call is free.
- This information is available in different formats including, large print, braille, and audio CD. Please call our Customer Care at the numbers listed above if you need plan information in another format or language.

About Generations Valor (HMO)

- GlobalHealth is an HMO plan with Medicare and Oklahoma Medicaid program contracts. Enrollment in GlobalHealth depends on contract renewal.
- When this material says "we," "us," or "our," it means GlobalHealth, Inc. When it says "plan" or "our plan," it means Generations Valor (HMO).
- If you do nothing by December 7, 2025, you'll automatically be enrolled in Generations Valor (HMO). Starting January 1, 2026, you'll get your medical coverage through Generations Valor (HMO). Go to Section 3 for more information about how to change plans and deadlines for making a change.

• This plan doesn't include Medicare Part D drug coverage, and you can't be enrolled in a separate Medicare Part D drug plan and this plan at the same time. Note: If you don't have Medicare drug coverage, or creditable drug coverage (as good as Medicare's) for 63 days or more, you may have to pay a late enrollment penalty if you enroll in Medicare drug coverage in the future.

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Summary of Important Costs for 2026

The table below compares the 2025 costs and 2026 costs for Generations Valor (HMO) in several important areas. **Please note this is only a summary of costs**.

Cost	2025 (this year)	2026 (next year)
Monthly plan premium*	\$0	\$0
* Your premium can be higher than this amount. Go to Section 1.1 for details.		
Maximum out-of-pocket amount	\$3,900 - in-network	\$3,900 - in-network
This is the <u>most</u> you'll pay out-of-pocket for covered Part A and Part B services. (Go to Section 1.2 for details.)	\$4,900 - combined in- and out-of-network	<u>Not</u> covered out-of-network
Primary care office visits	\$0 per visit	\$0 per visit
Specialist office visits	In-network \$35 per visit	\$35 per visit -
	Out-of-network - \$55 per	in-network
	visit	<u>Not</u> covered out-of-network
Inpatient hospital stays	In-network:	Days 1-7: \$295 copay per
Includes inpatient acute, inpatient	You pay a \$295 copay per	day - in-network
rehabilitation, long-term care hospitals, and other types of inpatient	day for days 1 through 7.	Days 8-90: \$0
hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a	There is no coinsurance, copayment, or deductible for days 8 through 90.	Days 91-190: \$0 Not covered out-of-network
doctor's order. The day before you're discharged is your last inpatient day.	There is no coinsurance, copayment, or deductible for days 91 through 190.	
	Out-of-network:	
	You pay a \$345 copay per day for days 1 through 7.	
	There is no coinsurance, copayment, or deductible for days 8 through 90.	

SECTION 1 Changes to Benefits & Costs for Next Year

Section 1.1 Changes to the Monthly Plan Premium

	2025 (this year)	2026 (next year)
Monthly plan premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		
Part B premium reduction	\$75 per month	\$50 per month
This amount will be deducted from your Part B premium. This means you'll pay less for Part B.		

Section 1.2 Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B (and other health services not covered by Medicare)] for the rest of the calendar year.

	2025 (this year)	2026 (next year)
Maximum out-of-pocket amount	\$3,900 - in-network	\$3,900 - in-network
Your costs for covered medical services (such as copayments) count toward your maximum out-of-pocket amount.	\$4,900 - combined in- and out-of-network	Once you've paid \$3,900 out-of-pocket for covered Part A and
Your costs for prescription drugs don't count toward your maximum out-of-pocket amount.		Part B services, you'll pay nothing for your covered Part A and Part B services for the rest of the calendar year. Not covered out-of-network

Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2026 Provider Directory, https://gh-findcare.globalhealthportals.com/oklahoma/globalhealth/medicare, to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated Provider Directory:

- Visit our website at https://gh-findcare.globalhealthportals.com/oklahoma/globalhealth/medicare.
- Call Customer Care at 1-844-280-5555 (toll-free) (TTY users call 711) to get current provider information or to ask us to mail you a *Provider Directory*.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. If a mid-year change in our providers affects you, call Customer Care at 1-844-280-5555 (toll-free) (TTY users call 711) for help.

Section 1.4 Changes to Benefits & Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

	2025 (this year)	2026 (next year)
Dental services - Medicare-covered	Referral and prior authorization are <u>not</u> required.	Referral and prior authorization are required.
Diabetes self-management training, diabetic services, and supplies	Standard preferred monitor and supplies: AccuChek and Lifescan Continuous Glucose Monitor (CGM) and supplies: Dexcom	Standard preferred monitor and supplies: Lifescan Continuous Glucose Monitor (CGM) and supplies: Dexcom and FreeStyle
Fitness	You choose one of 11 home fitness kits per year.	You choose either the Fitbit or Garmin fitness tracker per year.
Inpatient hospital care	In-network: You pay \$295 copay per day for days 1-7; \$0 copay for days 8-90.	You pay \$295 copay per day for days 1-7; \$0 copay for days 8-90.
	Out-of-network: You pay \$345 copay per day for days 1-7; \$0 for days 8-90.	Out-of-network: <u>Not</u> covered

	2025 (this year)	2026 (next year)
Inpatient services in a psychiatric hospital	In-network: You pay \$295 copay per day for days 1-7; \$0 copay for days 8-90.	In-network: You pay \$295 copay per day for days 1-7; \$0 copay for days 8-90.
	Out-of-network: You pay \$345 copay per day for days 1-7; \$0 for days 8-90.	Out-of-network: <u>Not</u> covered
Meal benefit	Referral is required. Prior authorization is <u>not</u> required.	Referral is <u>not</u> required. Prior authorization is required.
Prosthetic devices and related supplies	You pay 0% for surgically implanted prosthetics and related supplies; 20% of the total cost for external prosthetics and related supplies.	You pay 20% of the total cost for all prosthetics and related supplies.
Skilled nursing facility (SNF) care	In-network: You pay \$0 for days 1-20; \$184 per day for days 21-100.	In-network: You pay \$0 for days 1-20; \$218 per day for days 21-100.
	Out-of-network: You pay \$225 per day for days 1-25; \$0 for days 26-100.	Out-of-network: <u>Not</u> covered
Smart Wallet Benefit	Unused amounts roll over to next quarter and expire at the end of the year.	Unused amounts do <u>not</u> roll over to next quarter.
Specialist office visits	In-network: You pay \$35 copay per visit.	In-network: You pay \$35 copay per visit.
	Out-of-network: You pay \$55 copay per visit.	Out-of-network: <u>Not</u> covered

SECTION 2 Administrative Changes

	2025 (this year)	2026 (next year)
Advance care planning	Vital Decisions	Not available
Point-of-Service	You are enrolled in an HMO-POS plan. You can see providers outside of the network for certain services if you pay a higher cost.	The plan will be a Health Maintenance Organization (HMO) only. You must use network providers for all covered services (except in emergencies, urgently needed care, or out-of-are dialysis). There is no longer a Point-of-Service (POS) option.
		If you continue to see out-of-network providers, those services may not be covered and you may have to pay the full cost.

SECTION 3 How to Change Plans

To stay in Generations Valor (HMO), you don't need to do anything. Unless you sign up for a different plan or change to Original Medicare by December 7, you'll automatically be enrolled in our Generations Valor (HMO).

If you want to change plans for 2026, follow these steps:

- To change to a different Medicare health plan, enroll in the new plan. You'll be automatically disenrolled from Generations Valor (HMO).
- To change to Original Medicare with Medicare drug coverage, enroll in the new Medicare drug plan. You'll be automatically disenrolled from Generations Valor (HMO).

- To change to Original Medicare without a drug plan, you can send us a written request to disenroll. Call Customer Care at 1-844-280-5555 (toll-free) (TTY users call 711) for more information on how to do this. Or call **Medicare** at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (go to Section 4).
- To learn more about Original Medicare and the different types of Medicare plans, visit www.Medicare.gov, check the Medicare & You 2026 handbook, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE (1-800-633-4227). As a reminder, GlobalHealth, Inc. offers other Medicare health plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amounts.

Section 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

Section 3.2 Are there other times of the year to make a change?

In certain situations, people may have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

If you recently moved into, or currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

SECTION 4 Get Help Paying for Prescription Drugs

You may qualify for help paying for prescription drugs. Different kinds of help are available:

• Extra Help from Medicare. People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or

more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day,
 7 days a week.
- Social Security at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users can call, 1-800-325-0778 or
- Your State Medicaid Office.
- Help from your state's pharmaceutical assistance program (SPAP). Oklahoma has a program called RX for Oklahoma that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (SHIP). To get the phone number for your state, visit shipple-sh
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the Oklahoma HIV Drug Assistance Program (HDAP). For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call Oklahoma HIV Drug Assistance Program (HDAP) at 1-405-271-4636. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

SECTION 5 Questions?

Section 5.1 Get Help from Generations Valor (HMO)

Call Customer Care at 1-844-280-5555 (toll-free). (TTY users call 711.)

We're available for phone calls 8 am to 8 pm, 7 days a week, (October 1 – March 31), and 8 am to 8 pm, Monday – Friday, (April 1 – September 30). Calls to these numbers are free.

• Read your 2026 Evidence of Coverage

This Annual Notice of Change gives you a summary of changes in your benefits and costs for 2026. For details, look in the 2026 Evidence of Coverage for Generations Valor (HMO). The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the Evidence of Coverage on our website at www.GlobalHealth.com or call Customer Care at 1-844-280-5555 (toll-free) (TTY users call 711) to ask us to mail you a copy.

Visit <u>www.globalhealth.com</u>

Our website has the most up-to-date information about our provider network (*Provider Directory*).

Section 5.2 Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Oklahoma, the SHIP is called State Health Insurance Counseling Program.

Call State Health Insurance Counseling Program to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call State Health Insurance Counseling Program at 1-800-763-2828. Learn more about State Health Insurance Counseling Program by visiting (https://www.oid.ok.gov/consumers/information-for-seniors/).

Section 5.3 Get Help from Medicare

• Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

Chat live with <u>www.Medicare.gov</u>

You can chat live at <u>www.Medicare.gov/talk-to-someone</u>.

Write to Medicare

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

Visit <u>www.Medicare.gov</u>

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

Read Medicare & You 2026

The *Medicare & You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at www.Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Notice of Nondiscrimination

GlobalHealth, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin (including limited English proficiency and primary language), sex (consistent with the scope of sex discrimination described at § 92.101(a)(2)), age, or disability.

GlobalHealth, Inc.:

- Provides reasonable modifications for individuals with disabilities, and appropriate auxiliary aids and services, including:
 - Qualified interpreters for individuals with disabilities
 - Information in alternate formats, such as braille or large print, free of charge and in a timely manner, when such modifications, aids, and services are necessary to ensure accessibility and an equal opportunity to participate to individuals with disabilities;
- Provides language assistance services, including electronic and written translated documents and oral interpretation, free of charge and in a timely manner, when such services are a reasonable step to provide meaningful access to an individual with limited English proficiency.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact GlobalHealth's Customer Care at 1-844-280-5555 (toll-free). Our hours of operations are Monday through Sunday from 8:00 a.m. to 8:00 p.m. from October 1 to March 31. From April 1 to September 30 are Monday through Friday 8:00 a.m. to 8:00 p.m. TTY users should call 711.

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, sex, age, or disability, our Section 1557 Coordinator is available to help you. You can file a grievance in person, or by mail, fax or email:

Mailing address: GlobalHealth

Section 1557 Coordinator

P.O. Box 2658

Oklahoma City, OK 73101-2658

Telephone number: 1-844-280-5555 (toll-free)

8:00 a.m. to 8:00 p.m., seven days a week, from

October 1 through March 31.

8:00 a.m. to 8:00 p.m., Monday to Friday, from

April 1 through September 30.

TTY number: 711

Fax number: 405-280-5294

Email: section1557coordinator@globalhealth.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at https://www.hhs.gov/ocr/complaints/index.html.

This notice is available at our website: www.globalhealth.com.

Notice of Availability of Electronic Materials

GlobalHealth provides important plan materials that explain how to use your health plan benefits. These materials will be available online at www.globalhealth.com no later than October 15, 2025. If you would like a hard copy of any material, please contact Customer Care.

Evidence of Coverage

The *Evidence of Coverage* (EOC) is essentially your Member Handbook. It contains detailed information on your benefits, cost shares, and coverage rules for your plan. For example, if you are unsure whether a service requires prior authorization or not, you can find that information in your plan's *EOC*.

Provider Directory

In most cases, you must receive care from an in-network provider.

Drug Formulary*

The *Drug Formulary* (List of Covered Drugs) provides you information about the prescription drugs covered under your plan, including tier placement, and availability of mail order. Additionally, if a prescription drug has prior authorization, step therapy or quantity limits, this information is provided in the *Drug Formulary*.

Pharmacy Directory*

In most cases, your prescriptions are covered only if they are filled at a network pharmacy.

Hardcopies of the above materials may be requested by calling:

GlobalHealth Customer Care

Toll Free:1-844-280-5555 (toll-free) (**TTY:** 711) 8:00 AM-8:00 PM, 7 days a week (Oct 1-Mar 31) 8:00 AM-8:00 PM, Monday-Friday (Apr 1-Sept 30)

Your Right to Opt Out of Plan Business Calls

Occasionally, the health plan may call current enrollees, including those in non-Medicare products, to discuss plan business (examples of this include calls to enrollees aging into Medicare from commercial products offered by the same organization's existing Medicaid plan enrollees to talk about its Medicare products, and calls to current Medicare Advantage enrollees to promote other Medicare plan types or to discuss plan benefits). If you do not wish to receive these calls, you may opt out by calling us on the number listed on the back of your Member ID card.

*Only applicable to plans with prescription drug coverage. GlobalHealth complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-280-5555 (toll-free) (TTY: 711). CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-280-5555 (toll-free) (TTY: 711). GlobalHealth is an HMO plan offered by GlobalHealth, Inc.



Notice of availability of language assistance services and auxiliary aids and services

English: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-844-280-5555 (TTY 711).

Español: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También se encuentran disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-844-280-5555 (TTY 711).

Chinese: 如果您會說中文,我們可以為您提供免費語言幫助服務。也免費提供適當的輔助工具和服務,以無障礙格式提供資訊。請撥打 1-844-280-5555 (TTY 711)。

Tagalog: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyo sa tulong sa wika. Ang naaangkop na mga pantulong na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format ay makukuha rin nang walang bayad. Tumawag sa 1-844-280-5555 (TTY 711).

French: Si vous parlez français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-844-280-5555 (TTY 711).

Vietnamese: Nếu bạn nói tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Các hỗ trợ và dịch vụ phụ trợ phù hợp để cung cấp thông tin ở định dạng dễ tiếp cân cũng được cung cấp miễn phí. Goi 1-844-280-5555 (TTY 711).

German: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Auch entsprechende Hilfsmittel und Services zur Bereitstellung von Informationen in barrierefreien Formaten stehen kostenlos zur Verfügung. Rufen Sie 1-844-280-5555 (TTY 711) an.

Korean: 한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 접근 가능한 형식으로 정보를 제공하는 적절한 보조 지원 및 서비스도 무료로 제공됩니다. 1-844-280-5555 (TTY 711) 로 전화하세요.

Russian: Если вы говорите по-русски, вам доступны бесплатные услуги языковой помощи. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по номеру 1-844-280-5555 (TTY 711).

Arabic: إذا كنت تتحدث العربية ، فإن خدمات المساعدة اللغوية المجانية متاحة لك. تتوفر المساعدات والخدمات المساعدات المناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل بالرقم (TTY 711) 5555-280-1.

Italian: Se parli italiano, sono a tua disposizione servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi adeguati per fornire informazioni in formati accessibili. Chiama il numero 1-844-280-5555 (TTY 711).

Portuguese: Se você fala português, serviços gratuitos de assistência linguística estão disponíveis para você. Também estão disponíveis gratuitamente ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Ligue para 1-844-280-5555 (TTY 711).

French Creole: Si w pale kreyòl franse, sèvis asistans lang gratis disponib pou ou. Èd ak sèvis oksilyè apwopriye pou bay enfòmasyon nan fòma aksesib yo disponib tou gratis. Rele 1-844-280-5555 (TTY 711).

Polish: Jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Odpowiednie pomoce pomocnicze i usługi umożliwiające dostarczanie informacji w przystępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 1-844-280-5555 (TTY 711).

Hindi: यदि आप हिंदी बोलते हैं, तो मुफ्त भाषा सहायता सेवाएं आपके लिए उपलब्ध हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक एड्स और सेवाएं भी नि: शुल्क उपलब्ध हैं। कॉल 1-844-280-5555 (TTY 711).

Japanese: 日本語を話せる場合は、無料の言語支援サービスをご利用いただけます。アクセシブルな形式で情報を提供するための適切な補助援助やサービスも無料で利用できます。 1-844-280-5555 (TTY 711) に電話します。



Customer Care: 1-844-280-5555 (toll-free)

8 am to 8 pm, 7 days a week, (October 1 – March 31), and 8 am to 8 pm, Monday – Friday, (April 1 – September 30)

www.globalhealth.com