



GlobalHealth

Generations State of Oklahoma  
Group Retirees (HMO)

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# ANNUAL NOTICE OF CHANGES

January 1–December 31, 2023

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1-855-280-5555 (TTY:711)

8 a.m. to 8 p.m., 7 days a week (October 1–March 31), and

8 a.m. to 8 p.m. Monday – Friday (April 1–September 30)

[www.GlobalHealth.com](http://www.GlobalHealth.com)

GlobalHealth is a HMO/SNP HMO with a Medicare contract and a state Medicaid contract for D-SNP. Enrollment in GlobalHealth depends on contract renewal.



## Generations State of Oklahoma Group Retirees (HMO) offered by GlobalHealth, Inc.

### Annual Notice of Changes for 2023

You are currently enrolled as a member of Generations State of Oklahoma Group Retirees (HMO). Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at [www.GlobalHealth.com](http://www.GlobalHealth.com). You may also call Customer Care to ask us to mail you an *Evidence of Coverage*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

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#### What to do now

##### 1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
  - Review the changes to Medical care costs (doctor, hospital).
  - Review the changes to our drug coverage, including authorization requirements and costs.
  - Think about how much you will spend on premiums, deductibles, and cost-sharing.
- Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

##### 2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare) website or review the list in the back of your *Medicare & You 2023* handbook.

- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

**3. CHOOSE:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in Generations State of Oklahoma Group Retirees (HMO).
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Generations State of Oklahoma Group Retirees (HMO).
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

**Additional Resources**

- Please contact our Customer Care number at 1-844-280-5555 for additional information. (TTY users should call 711.) Hours are 8 am to 8 pm, 7 days a week (October 1 - March 31), and 8 am to 8 pm, Monday - Friday (April 1 - September 30).
- This information is also available in Spanish and large print.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at [www.irs.gov/Affordable-Care-Act/Individuals-and-Families](http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families) for more information.

**About Generations State of Oklahoma Group Retirees (HMO)**

- GlobalHealth is an HMO/SNP HMO plan with a Medicare contract and a state Medicaid contract for D-SNP. Enrollment in GlobalHealth depends on contract renewal.
- When this document says "we," "us," or "our," it means GlobalHealth, Inc.. When it says "plan" or "our plan," it means Generations State of Oklahoma Group Retirees (HMO).

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## Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Generations State of Oklahoma Group Retirees (HMO) in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
<b>Monthly plan premium*</b> * Your premium may be higher or lower than this amount. See Section 1.1 for details.	\$205	\$209
<b>Maximum out-of-pocket amount</b> This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	\$3,450	\$3,450
<b>Doctor office visits</b>	Primary care visits: \$0 per visit  Specialist visits: \$20 per visit	Primary care visits: \$0 per visit  Specialist visits:\$20 per visit
<b>Inpatient hospital stays</b>	\$50/day for days 1-5, \$0 for days 6-90	\$50/day for days 1-5, \$0 for days 6-90

**Part D prescription drug coverage**

(See Section 1.5 for details.)

Deductible: \$0

Copayment/Coinsurance during the Initial Coverage Stage:

Standard 30-day Retail Cost-Share:

- Drug Tier 1: \$5
- Drug Tier 2: \$20
- Drug Tier 3: \$47
- Drug Tier 4: \$100
- Drug Tier 5: 33% of the total cost.

Preferred 30-day Retail Cost-Share:

- Drug Tier 1: \$0
- Drug Tier 2: \$15
- Drug Tier 3: \$42
- Drug Tier 4: \$95
- Drug Tier 5: 33% of the total cost.

Standard 30-day Mail-order Cost-Share:

- Drug Tier 1: \$5
- Drug Tier 2: \$20
- Drug Tier 3: \$47
- Drug Tier 4: \$100
- Drug Tier 5: 33% of the total cost.

Deductible: \$0

Copayment/Coinsurance during the Initial Coverage Stage:

Standard 30-day Retail Cost-Share:

- Drug Tier 1: \$5
- Drug Tier 2: \$20
- Drug Tier 3: \$47
- Drug Tier 3 Insulin: \$35
- Drug Tier 4: \$100
- Drug Tier 4 Insulin: \$35
- Drug Tier 5: 33% of the total cost.
- Drug Tier 5 Insulin: \$35

Preferred 30-day Retail Cost-Share:

- Drug Tier 1: \$0
- Drug Tier 2: \$15
- Drug Tier 3: \$42
- Drug Tier 3 Insulin: \$35
- Drug Tier 4: \$95
- Drug Tier 4 Insulin: \$35
- Drug Tier 5: 33% of the total cost.
- Drug Tier 5 Insulin: \$35

Standard 30-day Mail-order Cost-Share:

- Drug Tier 1: \$5
- Drug Tier 2: \$20
- Drug Tier 3: \$47
- Drug Tier 3 Insulin: \$35
- Drug Tier 4: \$100
- Drug Tier 4 Insulin: \$35

	<ul style="list-style-type: none"> <li>• Drug Tier 5: 33% of the total cost.</li> <li>• Drug Tier 4 Insulin: \$35</li> </ul>
<p>Preferred 30-day Mail-order Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$0</li> <li>• Drug Tier 2: \$15</li> <li>• Drug Tier 3: \$42</li> <li>• Drug Tier 4: \$95</li> <li>• Drug Tier 5: 33% of the total cost.</li> </ul>	<p>Preferred 30-day Mail-order Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$0</li> <li>• Drug Tier 2: \$15</li> <li>• Drug Tier 3: \$42</li> <li>• Drug Tier 3 Insulin: \$35</li> <li>• Drug Tier 4: \$95</li> <li>• Drug Tier 4 Insulin: \$35</li> <li>• Drug Tier 5: 33% of the total cost.</li> <li>• Drug Tier 5 Insulin: \$35</li> </ul>
<p>Standard 90-day Retail Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$15</li> <li>• Drug Tier 2: \$60</li> <li>• Drug Tier 3: \$141</li> <li>• Drug Tier 4: \$300</li> </ul>	<p>Standard 90-day Retail Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$15</li> <li>• Drug Tier 2: \$60</li> <li>• Drug Tier 3: \$141</li> <li>• Drug Tier 3 Insulin: \$105</li> <li>• Drug Tier 4: \$300</li> <li>• Drug Tier 4 Insulin: \$105</li> </ul>
<p>Preferred 90-day Retail Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$0</li> <li>• Drug Tier 2: \$0</li> <li>• Drug Tier 3: \$84</li> <li>• Drug Tier 4: \$190</li> </ul>	<p>Preferred 90-day Retail Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$0</li> <li>• Drug Tier 2: \$0</li> <li>• Drug Tier 3: \$84</li> <li>• Drug Tier 3 Insulin: \$84</li> <li>• Drug Tier 4: \$190</li> <li>• Drug Tier 4 Insulin: \$105</li> </ul>
<p>Standard 90-day Mail-order Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$15</li> </ul>	<p>Standard 90-day Mail-order Cost-Share:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: \$15</li> </ul>



Cost	2022 (this year)	2023 (next year)
	<ul style="list-style-type: none"> <li>• Drug Tier 2: \$60</li> <li>• Drug Tier 3: \$141</li> <li>• Drug Tier 4: \$300</li> </ul>	<ul style="list-style-type: none"> <li>• Drug Tier 2: \$60</li> <li>• Drug Tier 3: \$141</li> <li>• Drug Tier 3 Insulin: \$105</li> <li>• Drug Tier 4: \$300</li> <li>• Drug Tier 4 Insulin: \$105</li> </ul>
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**SECTION 1 Changes to Benefit and Cost for Next Year**

**Section 1.1 – Changes to the Monthly Premium**

Cost	2022 (this year)	2023 (next year)
<p><b>Monthly premium</b> (You must also continue to pay your Medicare Part B premium.)</p>	\$205	\$209

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs. Please see Section 6 regarding “Extra Help” from Medicare.

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## Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

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Medicare requires all health plans to limit how much you pay “out-of-pocket” for the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
<b>Maximum out-of-pocket amount</b>	\$3,450	\$3,450
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		Once you have paid \$3,450 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

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## Section 1.3 – Changes to the Provider and Pharmacy Networks

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Updated directories are located on our website at [www.GlobalHealth.com](http://www.GlobalHealth.com). You may also call Customer Care for updated provider and/or pharmacy information or to ask us to mail you a *directory*.

There are changes to our network of providers for next year. **Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of pharmacies for next year. **Please review the 2023 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Customer Care so we may assist.

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## Section 1.4 – There are no changes to your benefits or amounts you pay for medical services

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Our benefits and what you pay for these covered medical services will be exactly the same in 2023 as they are in 2022.

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## Section 1.5 – Changes to Part D Prescription Drug Coverage

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### Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your *Evidence of Coverage* and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Care for more information.

### Changes to Prescription Drug Costs

**Note:** If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and you haven’t received this insert by September 30, 2022, please call Customer Care and ask for the “LIS Rider.”

There are four “drug payment stages.” The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

**Important Message About What You Pay for Vaccines** – Our plan covers most Part D vaccines at no cost to you. Call Customer Care for more information.

**Important Message About What You Pay for Insulin** – You won’t pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it’s on.

## Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
<b>Stage 1: Yearly Deductible Stage</b>	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

## Changes to Your Cost Sharing in the Initial Coverage Stage

Please see the following chart for the changes from 2022 to 2023.

	2022 (this year)	2023 (next year)
<p><b>Stage 2: Initial Coverage Stage</b></p> <p>During this stage, the plan pays its share of the cost of your drugs and <b>you pay your share of the cost.</b></p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy.</p> <p>For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i>.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p><b>Tier 1 (Preferred Generic Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$5 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$0 per prescription.</p> <p><b>Tier 2 (Generic Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$20 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$15 per prescription.</p> <p><b>Tier 3 (Preferred Brand Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$47 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$42 per prescription.</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p><b>Tier 1 (Preferred Generic Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$5 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$0 per prescription.</p> <p><b>Tier 2 (Generic Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$20 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$15 per prescription.</p> <p><b>Tier 3 (Preferred Brand Drugs):</b></p> <p><i>Standard cost-sharing:</i> You pay \$35 per prescription for insulin.</p> <p>You pay \$47 per prescription for all other drugs.</p>

2022 (this year)	2023 (next year)
<p><b>Tier 4 (Non-preferred Drugs):</b>  <i>Standard cost-sharing:</i> You pay \$100 per prescription.  <i>Preferred cost-sharing:</i> You pay \$95 per prescription.</p> <p><b>Tier 5 (Specialty Drugs):</b>  <i>Standard cost-sharing:</i> You pay 33% of the total cost.  <i>Preferred cost-sharing:</i> You pay 33% of the total cost.</p> <hr/> <p>Once your total drug costs have reached \$4,430 you will move to the next stage (the Coverage Gap Stage).</p>	<p><i>Preferred cost-sharing:</i>                      You pay \$35 per prescription for insulin.                      You pay \$42 per prescription for all other drugs.</p> <p><b>Tier 4 (Non-preferred Drugs):</b>  <i>Standard cost-sharing:</i> You pay \$35 per prescription for insulin.                      You pay \$100 per prescription for all other drugs.  <i>Preferred cost-sharing:</i>                      You pay \$35 per prescription for insulin.                      You pay \$95 per prescription for all other drugs.</p> <p><b>Tier 5 (Specialty Drugs):</b>  <i>Standard cost-sharing:</i> You pay \$35 per prescription for insulin.                      You pay 33% of the total cost for all other drugs.  <i>Preferred cost-sharing:</i>                      You pay \$35 per prescription for insulin.                      You pay 33% of the total cost for all other drugs.</p> <hr/> <p>Once your total drug costs have reached \$4,660 you will move to the next stage (the Coverage Gap Stage).</p>

## SECTION 2 Administrative Changes

Description	2022 (this year)	2023 (next year)
<b>Over-the-counter administration</b>	Spend your allowance on over-the-counter items and products through a mail-order catalog. See your <i>Evidence of Coverage</i> or go to <a href="http://www.GlobalHealth.com">www.GlobalHealth.com</a> for more information.	Spend your debit card allowance on over-the-counter items and products through a mail-order catalog or in many stores. You will receive a new debit card, called Smart Wallet. See your <i>Evidence of Coverage</i> or go to <a href="http://www.GlobalHealth.com">www.GlobalHealth.com</a> for more information.
<b>Service area reduction</b>	Bryan, Caddo, Canadian, Carter, Cleveland, Creek, Garfield, Garvin, Grady, Hughes, Lincoln, Logan, Mayes, McClain, McIntosh, Muskogee, Okfuskee, Oklahoma, Okmulgee, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Rogers, Seminole, Tulsa Wagoner	Caddo, Canadian, Carter, Cleveland, Creek, Garfield, Garvin, Grady, Hughes, Lincoln, Logan, Mayes, McClain, McIntosh, Muskogee, Okfuskee, Oklahoma, Okmulgee, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Rogers, Seminole, Tulsa Wagoner

## SECTION 3 Deciding Which Plan to Choose

### Section 3.1 – If you want to stay in Generations State of Oklahoma Group Retirees (HMO)

**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Generations State of Oklahoma Group Retirees (HMO).

### Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2023 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR--* You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder ([www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare)), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2). As a reminder, GlobalHealth, Inc. offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### Step 2: Change your coverage

- **To change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Generations State of Oklahoma Group Retirees (HMO).
- **To change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Generations State of Oklahoma Group Retirees (HMO).
- **To change to Original Medicare without a prescription drug plan**, you must either:
  - Send us a written request to disenroll. Contact Customer Care if you need more information on how to do so.
  - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

## SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Oklahoma, the SHIP is called Senior Health Insurance Counseling Program.

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Senior Health Insurance Counseling Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Senior Health Insurance Counseling Program at 1-800-763-2828. You can learn more about Senior Health Insurance Counseling Program by visiting their website ([www.ship.oid.ok.gov/consumers/information-for-seniors/senior-health-insurance-counseling-program-ship/](http://www.ship.oid.ok.gov/consumers/information-for-seniors/senior-health-insurance-counseling-program-ship/)).

## SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:



- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
- The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
- Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Oklahoma HIV Drug Assistance Program (HDAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Oklahoma HIV Drug Assistance Program (HDAP) at (405) 426-8400.

## SECTION 7 Questions?

### Section 7.1 – Getting Help from Generations State of Oklahoma Group Retirees (HMO)

Questions? We're here to help. Please call Customer Care at 1-844-280-5555 (toll-free). (TTY only, call 711). We are available for phone calls 8 am to 8 pm, seven days a week, (October 1 – March 31), and 8 am to 8 pm, Monday – Friday (April 1 – September 30). Calls to these numbers are free.

#### **Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)**

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Generations State of Oklahoma Group Retirees (HMO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at [www.GlobalHealth.com](http://www.GlobalHealth.com). You may also call Customer Care to ask us to mail you an *Evidence of Coverage*.

#### **Visit our Website**

You can also visit our website at [www.GlobalHealth.com](http://www.GlobalHealth.com). As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

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## Section 7.2 – Getting Help from Medicare

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To get information directly from Medicare:

### **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

### **Visit the Medicare Website**

Visit the Medicare website ([www.medicare.gov](http://www.medicare.gov)). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare).

### **Read *Medicare & You 2023***

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.





# GlobalHealth

Customer Care: 1-844-280-5555 (toll-free)

TTY users call 711

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(April 1 – September 30)

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